

**Inclusion in Recreation Settings for Individuals with Disabilities**  
*Course at a Glance*

**Instructor/Presenter:** Jenna Tschirgi, Masters of Education, Special Education Teacher, DD and Masters in Administration

**Length:** 45 hours

**Dates:** Enroll anytime and complete in 4 months

**Number of Graduate Professional Development Credits:** 3

**Introduction**

The course will cover the skills, knowledge, and awareness needed to achieve physical and programmatic accessibility to recreational experiences. This course is also based upon the belief that it is the basic right of all people to have access to leisure in their lives and be judged according to their capabilities, not their disabilities as required by Public Law 106-402 114 Stat. 1682 (12) individuals with developmental disabilities need to have access to and use of recreational, leisure, and social opportunities in the most integrated settings, in order to enrich their participation in community life. 106 Congress October 30, 2020.

**COURSE OBJECTIVES-**

1. Display the ability to relate to the psychological, sociological, and physiological significance of play, recreation, and leisure for human beings.
2. Compare and contrast the historical perspective of recreation inclusion of individuals with disabilities and present- day recreation inclusion of individuals with disabilities.
3. Identify diverse community institutional, natural, and human service resources to promote and enhance the leisure experience.
4. Knowledge of the legal foundations and responsibilities of leisure service agencies, and of the legislative process and the impact of policy formation on leisure behaviors and services in all levels of government, community organizations, and business enterprise.
5. Define safety and health precautions when developing programming for individuals with disabilities.
6. Construct presentations to practice advocating for the continued inclusion in recreation rights of people with disabilities.

**Course Requirements/Assignments**

Coursework online as follows:

1. Read chapters 1-17.....	17 hours
2. Assignment exercises chapter 1- 17.....	17 hours
3. Midterm/Final.....	4 hours
4. Field Experience/Observation/Interview/Reflection.....	2 hours
5. Lesson Plan – ADA Project.....	5 hours

Total Instructional Hours: 45

## COURSE REQUIREMENTS-

The course will utilize a mix of traditional methods including assigned readings, video resources, lectures/interviews, and reflection responses. The grading of student progress will be based on:

1. Beyond all odds presentation
2. Reflection response posts
3. Fieldwork/Observation experience
4. ADA Presentation
5. Video reflections
6. Speaker reflections
7. Accessibility Exercise
8. Chapter questions
9. Midterm
10. Final

## Lesson Topics and Assignments

Task	Points	Percent Toward Grade	Hours
Lesson 1: Read, Reflect, Respond	100	10	4
Lesson 2: Read, Reflect, Respond	100	10	4
Lesson 3: Read, Respond, Reflect,	100	10	4
Lesson 4: Read, Reflect, Respond	100	10	4
Lesson 5: Read, Reflect, Discuss, Respond	100	10	6
Lesson 6: Read, Reflect, Respond,	100	10	4
Lesson 7: Read, Reflect, Respond	100	10	4
Lesson 8: Read, Reflect, Respond	100	10	4
Lesson 9: Read, Reflect, Respond	100	10	4
Lesson 10: Read, Reflect, Discuss, Respond + Lesson Plan	100	10	7
TOTAL	1000 PTS	100%	45 HRS

**Course Blackboard Site:** Participants will use the UND Blackboard System to support the structure of the course.

### **Referenced Textbook(s)**

Bullock, Charles and Mahon, Michael (2000) Introduction to Recreation Services for People with Disabilities: A Person-Centered Approach. Sagamore Publishing Champaign, IL.

### **Grading and Evaluation:**

Students will complete the course assignments as described. The course will be graded according to assignments completed. The course consists of 10 lessons which each include a reflection component that will be required. The instructor will respond with reflection notes and post grades within 3 days of assignment completion. Students will have the option of letter grade or S/U:

A/S	= 90-100 %	B/S	= 80-89 %	C/S	= 70-79 %
F/U	= less than 70 %				

### **Scholastic Dishonesty**

Students enrolled in this course are expected to be aware of the seriousness of scholastic dishonesty. Unacceptable behavior such as submitting someone else's work as your own, cheating on exams, or plagiarizing can result in failure of the course or other sanctions. For a more detailed description of these policies, please refer to the UND Code of Student Life; Appendix IIIa-3, at <http://und.edu/student-affairs/code-of-student-life/>