

Dare to Lead Book Study

Course at a Glance

Instructor/Presenter: Sally Akerlind, M.S. Ed

Length: 15 hours

Dates: Enroll anytime—Complete in 4 months

Number of Graduate Professional Development Credits: 1

Introduction

According to Brene Brown, "Daring leadership is a collection of four skill sets that are teachable, observable, and measurable: Rumbling with Vulnerability, Living into our Values, Braving Trust, and Learning to Rise."

Through this book study participants will complete 3 lessons from reading the book and completing reflection and extension activities applicable to the content of the book.

Course Blackboard Site: The UND Blackboard System will be utilized to support the structure of the course including, but not limited to, posting of the course at a glance, grades, and electronic communications.

Learning Objectives

At the end of this course, you should be able to accomplish the following objectives:

- Participants will be able to describe what it takes to be a daring leader.
- Participants will be able to reflect on lessons from the book.

Text and/or Other Materials

Brown, B. (2018). Dare to lead. Vermilion.

Other additional reading materials and media as provided through Blackboard.

Lesson Topics and Assignments

****Lesson 1 (5 hours)**

Rumbling with Vulnerability

Read Introduction and Part 1: Rumbling with Vulnerability, Section 1-5

Participants will read and complete reflection activities on Part 1: Rumbling with Vulnerability.

Part One, Section One: The Moment and the Myths

Part One, Section Two: The Call to Courage

Part One, Section Three: The Armory

Part One, Section Four: Shame and Empathy

Part One, Section Five: Curiosity and Grounded Confidence

****Lesson 2 (5 hours)**

Living Into Our Values

Read Part 2: Living Into Our Values

Participants will read and complete reflection activities on Part 2: Living Into Our Values.

****Session 3 (5 hours)**

Braving Trust and Learning to Rise

Read Part 3: Braving Trust and Part 4: Learning to Rise

Participants will read and complete reflection activities on Part 3: Braving Trust and Part 4: Learning to Rise

Grading and Evaluation Activities:

You have the option of selecting the type of grading for this course – Satisfactory/Unsatisfactory or Letter Grading (A-F). Please be aware that once you've selected the type of grading option, you cannot request a change after the course has begun.

Participants will need to earn 70% or more to earn a Satisfactory grade.

Letter grades assigned as followed:

A – (90% or above)

B – (80% or above)

C – (70% or above)

D – (60% or above)

F – (59% and below)

Course Completion/Assistance

Upon completion of your course, your final grade will be posted in Blackboard. Please allow 3-5 business days for your final grade to appear on your transcript in Campus Connection. You will receive a confirmation email when the final grade is officially posted on your transcript.

If you have an administrative question regarding course enrollment dates, extensions, withdrawals, questions regarding your transcript, or need other assistance, please contact the **Office of Extended Learning** at und.courses@und.edu or 701-777-0488.

Scholastic Dishonesty

Students enrolled in this course are expected to be aware of the seriousness of scholastic dishonesty. Unacceptable behavior such as submitting someone else's work as your own, cheating on exams, or plagiarizing can result in failure of the course or other sanctions. For a more detailed description of these policies, please refer to the UND Code of Student Life; Appendix IIIa-3, at:

<http://und.edu/student-affairs/code-of-student-life/>