

# IMPACT

Resources and Conversations for Change

9/10/20 8:00am to 12:30pm

SUICIDE

## Conference Schedule

| <u>Time</u>         | <u>Topic</u>   | <u>Location</u>  |
|---------------------|--|--|
| 8:00 –<br>8:05 AM   | Welcome and Good Morning! Let's Great Ready to Learn!  | <i>Location: Main Conference Zoom Room</i>   |
| 8:05 –<br>8:10 AM   | IT Review – Getting the Most out of our Zoom Room!   | <i>Location: Main Conference Zoom Room</i>   |
| 8:10 –<br>8:25 AM   | Housekeeping and General Information - <i>During this time slides will be playing that contain general information 😊</i><br>- <i>Please use this time to get comfortable and ready to learn!</i>   | <i>Location: Main Conference Zoom Room</i>   |
| 8:25 –<br>8:30 AM   | Overview and Introduction  | <i>Location: Main Conference Zoom Room</i>   |
| 8:30 –<br>9:15 AM   | <b><i>Breaking the Silence</i></b><br><b>Keynote Speaker:</b><br>Dr. John Gaal, EdD, CPS, CWP<br>Consultant, HBR&D.<br>Former Director of Training and Workforce Development<br>(retired), STLKC Carpenter's Council   | <i>Location: Main Conference Zoom Room</i><br><br><i>Stigma &amp; cultural Influences, Need for balance in physical, spiritual, emotional, mental aspects of our lives; call to action – path forward.</i>   |
| 9:15 –<br>10:00 AM  | <b><i>Understanding Suicide in 2020</i></b><br><b>Topic Expert Speaker:</b><br>Dr. Alex Karydi, PhD, LMFT<br>Project 2025 Director, American Foundation for Suicide Prevention   | <i>Location: Main Conference Zoom Room</i><br><br><i>Explore signs of suicide from a modern lens, risk factors related to COVID-19 and suicide concerns, hear updated interventions and responses, introduce the substance use connection, and show how to improve outcomes.</i> |
| 10:00 –<br>10:10 AM | <b><i>Q&amp;A / Break</i></b>  | <i>Location: Main Conference Zoom Room</i>   |
| 10:10 –<br>11:20 AM | <b><i>Resource Panel of Crisis Intervention/Support:</i></b><br>1. NAMI – Kris Gamm-Smith<br>2. Illinois Warm Line - Trenda Hedges<br>3. Gift of Voice – AJ French<br>4. Chestnut Health Systems – Chris Norton<br>5. Centerstone – Jenna Farmer-Brackett<br>6. Call for Help – the Living Room – John Wuest<br>7. Comprehensive Behavioral Health Center – Joe Harper | <i>Location: Main Conference Zoom Room</i>   |
| 11:20 –<br>11:30 AM | <b>Break</b>   | <i>Location: Main Conference Zoom Room</i>   |
| 11:30 –<br>12:25 PM | <b>Break Out Sessions</b>  | <i>Location: Breakout Rooms, links included in the next section (or use the link to the left)</i>  |
| 12:25 –<br>12:30PM  | <b>Closing Ceremonies</b>  | <i>Location: Main Conference Zoom Room</i>   |

11:30AM – 12:25 PM

**Breakout Sessions** – Pick one and join ☺

Click the Room below to join training

**A. Preventing Suicide through Connections: System Change & Collaborative Safety Planning** (Presented by Dr. Alex Karydi)

- Suicide rates, research, culture and language. Tools and educational opportunities through introduction of the ICARE2E, Safe-Side, and Stanley Brown Safety Plan. Determining risk severity and immediacy.

**Room A**

**B. Employer/Business/EAP Focus** (Presented by Dr. John Gaal)

- Impact on workforce, bottom line, increase productivity by addressing mental health on the job site, why be concerned, access to BHS services

**Room B**

**C. Healing and Resilience: Suicide Among College Student Populations** (Presented by Dr. Courtney R. Boddie, PhD, LCPC, LPC, NCC and Lisa Thompson-Gibson, MA, LPC)

- Prevalence, vulnerabilities of college student population, How to help others and yourself, Accessing Resources, normalization and Hope, accessing supportive resources, self -advocacy

**Room C**

**D. Community S.A.V.E and Veteran’s Crisis Program and Response**

(Presented by Joe Malone, LCSW & Herbert Lomax Jr, LCSW and Bradley Lavite, MA, VSO)

- Identifying a veteran at risk, assisting a veteran at risk, how to address a crisis situation. Overview of Madison Co, IL Veterans Crisis & Response, Tools for First Responders.

**Room D**

**E. QPR – Question, Persuade, Refer: Suicide Prevention Training for Anyone** (Presented by Dianna Glenn-Cuddeback, LCSW, CCTP, Certified QPR and Jenna Farmer-Brackett, LCPC, NCC)

- The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. Recognize myths surrounding suicide and behavioral signs of risk, learn resources for intervention.

**Room E**

**F. Autism Spectrum Disorder: Understanding Suicide Risks** (Presented by Anne V Kirby, PHD, OTR/L)

- Participants will understand the current evidence about various factors contributing to suicidal behavior among individuals on the autism spectrum and ways to apply current knowledge into community and clinical settings.

**Room F**

**Please kindly rejoin the main conference room by clicking the linking following this message. We plan to do closing remarking and final messages in the main conference room. Thank You!**  
**[Join Main Conference Room Here](#)**

[Click Here to Register!](#)

