Treating Tobacco Dependence in the Behavioral Health World Friday, June 14, 2019 | 9:00am-4:00pm

Purdue University Fort Wayne, Science Building 168B 2101 E. Coliseum Blvd, Fort Wayne, In 46805

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Time	Topic
8:15am	Registration opens
	Coffee and tea provided
8:50-9am	Welcome and Review Day's Agenda
	Speaker: Nancy Cripe, Tobacco Free Allen County
9-10am	Introduction to Tobacco and Behavioral Health
	Prevalence of tobacco addiction among BH population
	Evidence that tobacco treatment w/ other addictions treatment
	provides significant gains in mental health improvement and increased
	long-term abstinence from alcohol and other drugs
	Speaker: Kayla Hsu, MPH, CHES, Rethink Tobacco Indiana
10-10:15am	Break
10:15-11:15am	Tobacco and Opioids
	Epidemiology of Opioid and tobacco Use in Indiana
	Effects on the brain
	Integrated approach to addressing both addictions
	Speaker: Dr. Carolyn Warner-Greer, MS, MD, Bowen Recovery Center
11:15-11:30am	Break
11:30-12:45pm	Catered Lunch and networking
12:45-1:45pm	Navigating Medication Options for Smoking Cessation in Mental Health
	Nicotine withdrawal
	Review FDA-approved pharmacotherapy for tobacco treatment
	EAGLES Study
	Speaker: Dr. Karen Hudmon, DrPH, RPh, Purdue University
1:45-2pm	Break
2-3pm	Nationally-Recognized Best Practices for Tobacco Treatment Integration And
	Supporting Policies.
	Health systems change
	Tobacco-free grounds policies
	Speaker: Debi Hudson, BS, RRT, NCTTP, Rethink Tobacco Indiana
3-4pm	Using Motivational Interviewing with Tobacco-Addicted Individuals
	Brief review of MI Strategies
	Using MI for Tobacco Treatment Counseling
	Role play activity
	Speaker: Vickie Ley, MA, LMHC, LCAC, MAC, Bowen Center Training Institute
	CEU Sign Out





