The New York Botanical Garden

Teacher: Trish O'Sullivan

Online Floral Design Class **FDN3700**

The Art of Sunflowers: Floral Design Inspired by Vincent Van Gogh

10am-12pm

Hi Designers,

Thank you for joining NYBG in our presentation of The Art of Sunflowers: Floral Design inspired by Vincent Van Gogh. Please find the list of floral, herbal and botanical materials to consider. One week before Online class, I will send you the list of materials I will be purchasing for the creation of floral art.

The class is fun and easy to follow with time for question and answer... ensuring a beautiful design with your personal touch. The tricks and tips of the trade in keeping your arrangement fresh and long-lasting will be discussed.

Please contact me at tosullivanfloraldesign@gmail.com with any questions.

See you all soon for our adventure in floral design. Trish

The Art of Sunflowers: Floral Design Inspired by Vincent Van Gogh The list offered is a general guideline. You are the designer... add or substitute as you wish.

Container: There is no limit in the choice of container. Use everything & any object as long as it holds water with an opening between 4" to 5" wide. When designing with sunflowers a sturdy and balanced container is needed, for sunflower heads are heavy. Check out trishosullivandesign.com for great ideas in repurposed containers. The trick of great design is a container with an opening no larger than 5"- I use 4" to 5".

List of Floral Materials and Floral Supply Sources

Floral Material: Trader Joes, Whole Foods, Costco, Supermarkets, Farmers Market *Floral Supplies:* Jamali Garden in-store or online at jamaligarden.com,

Michaels in-store or online at Michaels.com

Design Tools:

Please fill the container ¾ with cool water 1 roll of clear ½" florist tape or any strong scotch tape 2 dozen Green Florist Wires, your choice of gauge 18 to 22 Cotton rag or paper towel Floral clippers, knife, wire cutter, scissors

Bouquet Ingredients Breakdown

When selecting flowers from a store-bought bouquet, aim for a balanced composition using the **three key floral elements: focal flowers, complementary flowers, and accent flowers**.

1. Focal Flowers (The Showstoppers – Large, Eye-Catching Blooms)

These flowers create the centerpiece of the arrangement and draw the most attention.

• Examples:

- o Sunflower Large head, your choice of color
- o Sunflower Medium to Small head, your choice of color

2. Complementary Flowers (Adds Volume and Depth)

These flowers create depth and spotlight focal flowers.

• Examples:

- Cushion or Button Mums
- Solid Aster

3. Accent Material (Adds Movement & Interest – Unique or Textured Blooms)

These flowers give the design a personal touch, creating interest.

• Examples:

- o Peppers Small yellow or orange
- o Hypericum Berries Brown
- Kale Purple

4. Botanical Material (The Supporting Cast – Adds Texture & Completes Design)

These botanical materials balance the design, frame the flowers, and set the design style.

• Examples:

- Vines and Ivy
- o Curly Willow Thin Branches or Tips
- o Sedum

Vase Choices

When selecting a vase, consider the **size of the opening** to ensure proper stem support and proportion for the arrangement. Here are some commonly used vases:

3. Ceramic, Metal Urn or Compote Container (Elegant Modern Garden)

- Size Options & Opening:
 - o **Small:** 5" diameter (Opening: 4-5")
 - o **Medium:** 8" diameter (Opening: 6-7")
- **Best for:** Soft, rounded arrangements, casual or romantic styles

2. Square Vase (Contemporary & Compact)

- Size Options & Opening:
 - o **Small:** 4" x 4" x 4" (Opening: 3.5-4")
 - o **Medium:** 5" x 5" x 5" (Opening: 4-5")
 - o **Large:** 6" x 6" x 6" (Opening: 5-6")
- **Best for:** Tight, compact arrangements, modern aesthetics

1. Cylinder Vase (Classic & Versatile)

- Size Options & Opening:
 - o **Short:** 4" x 4" (Opening: 3-4")
 - o **Medium:** 6" x 4" (Opening: 4-5")
 - o **Tall:** 10" x 4" (Opening: 4-5")
- Best for: Structured arrangements, tall stems, modern or minimalist designs