

## Sustainable Design Series:

**FLOWERS:** You will need to purchase fresh flowers for each of the three sessions. A ready-made mixed bouquet of fresh flowers can be purchased from a grocery store, such as: Trader Joe's, Whole Foods, the green grocer and of course, from the local flower shop. In addition, purchase a bouquet of **foliage**, these will add visual interest to your designs. If you are able foraging flowers, foliage, berries or grasses from the garden is an added touch.

You will need about 25 – 30 stems of plant material.

### Session 1. **Floral Frog (Kenzan)**

#### **Materials: Floral Clippers**

**Kenzan:** You will need two. One should be 3-1/2" and the other can be 2-1/2"

Amazon selection of Kenzan's vary in costs - \$15.00 - \$32.00.

**Suggestions:** A – "Sun & Moon", Kenzan 2piece,(3-3/4"x 2-1/4")

B – Kenzan, 2 Rectangle, (2.64"x 1.85" each)

C – Kenzan, 2 Round ( 3-1/2", & 2-1/4")

**Optional:** "Sure-Stik", floral adhesive (also known as "stik-um") small size. Also, floral wire (26/28gauge)

These can be found at craft stores such as Michaels, as well as on Amazon.

**Container or vase:** Select one of your own. It can be round, square, rectangle, etc.

### Session 2. **Aluminum wire**

**Materials: Aluminum wire** Amazon has a nice selection of materials.

**Tools:** floral clippers and wire cutters (optional nose pliers)

**Suggestion:** Amazon has a nice selection of materials.

Aluminum wire (12 gauge, roll of 39') comes in assorted colors. Estimated cost 7.37 – \$9.69

**Suggested vase:** Low, Cube or round (4x4x4) or Tall, height 8" or 10"an opening 3" or 4"

### Session 3. **Branches**

**Materials:** Floral clippers

Fresh supple branches, such as curly willow

A bunch of fresh curly willow branches (should be pliable) about 3 branches - Sometimes can be found at grocery stores such as Trader Joes, or Whole foods or can be **pre-ordered** from your local flower shop.

Estimated cost \$15.00 Or this may be cut from the garden.

**Suggested vase:** Rectangle vase, long and low (L. 8, 10 or 12"x W. 3 or 4"x H.4") or Taller H.6, 8 or 10"x 3 or 4" opening.