Materials List for Herbal Chocolates December 13, 2023

For the Chocolate
Cacao – 8-10 ounces
Cocoa butter – 8-10 ounces
Sea salt – a pinch
Honey or Maple Syrup

Powdered Herbs
Available at: Flower Power, online at Jean’s Greens: Herb List from Jean’s Greens Herbal Tea Works & Herbal Essentials (jeansgreens.com)
If you want to work with Rose, you will probably need to powder the herbs yourself which you can do in a herb grinder or coffee grinder.
Rose or Lavender
Cayenne
Ginger
Cinnamon
Clove

Other Supplies Needed
Double boiler or 2 small saucepans
Bowl for mixing herbs and chocolate
Measuring cups
Wax paper
Spoons