

Saturday, March 4, 2023

Time	Description	Instructor	Location	Hours	
8:00 am - 9:30 am	<p>Keynote: Critical Thinking Skills Empowers us for Creative Application of Hands-On Techniques Dr. Joe Muscolino will discuss how understanding fundamental principles of structure and function empowers us to creatively apply our hands-on assessment and treatment skills.</p> <ol style="list-style-type: none"> Understand how to critically think to apply fundamental anatomy to clinical orthopedic manual therapy Be able to give at least two examples of how critical thinking can allow for an understanding (instead of a memorization) of muscle actions, palpation assessment, and stretching techniques. Be able to state how knowing anatomy allows us to be able to figure out physiology, pathophysiology, assessment, and treatment skillsets. 	Joseph Muscolino	Auditorium	1.5	
9:30 - 10:00 am	Break/Visit Vendors				
10:00 am - 11:00 am	<p>The Details are in the Dissection A closer look at finer details of anatomical relationships covered in the keynote. We will dissect and explain how certain anatomical relationships result in some clinical presentations of pain or changes in movement with a focus on often overlooked interactions of tendons, ligaments, and other structures nearer muscular attachment points.</p>	David Farrar and Joe Muldoon	Auditorium	1	
11:00 am - 12:30 pm	Lunch		Cafeteria		
11:00 am - 11:30 am	<p>Cadaver Lab #1 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.</p>	David Farrar and Joe Muldoon	Anatomy Lab	0.5	
11:30 am - Noon	<p>Cadaver Lab #2 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.</p>	David Farrar and Joe Muldoon	Anatomy Lab		
Noon - 12:30 pm	<p>Cadaver Lab #3 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.</p>	David Farrar and Joe Muldoon	Anatomy Lab		
12:30 pm - 2:30 pm	<p>Group A: Workshop Part 1 Application of Critical Thinking for Hands-on Assessment Techniques In this hands-on workshop, Dr. Joe Muscolino builds on the principles of his keynote presentation to application of how to creatively figure out how to perform palpation and orthopedic assessment skills.</p>	Joseph Muscolino	Gym	2	
	<p>Group B: Lecture: "Where Are You??" Only Your Proprioceptors Know for Sure! We are constantly being engaged both consciously and unconsciously by our proprioceptive system. This system is managed by very specific peripheral receptors in the skin, muscles, and joints. The cerebrum and cerebellum have roles to play in this system, as well. We will briefly discuss the neuroanatomy of these systems and then review some pathology associated with these systems. Concussion and TBI can impact these systems. Some simple functional tests can be used to assess the loss and progress following treatments, and we will practice some of these.</p>	Mary Tuchscherer	Lecture Room 2 (L2)		
2:30 - 3:00 pm	Break/Visit Vendors			0	
3:00pm - 5:00 pm	<p>Group B: Workshop Part 1 Application of Critical Thinking for Hands-on Assessment Techniques In this hands-on workshop, Dr. Joe Muscolino builds on the principles of his keynote presentation to application of how to creatively figure out how to perform palpation and orthopedic assessment skills.</p>	Joseph Muscolino	GYM	2	
	<p>Group A: Lecture: "Where Are You??" Only Your Proprioceptors Know for Sure! We are constantly being engaged both consciously and unconsciously by our proprioceptive system. This system is managed by very specific peripheral receptors in the skin, muscles, and joints. The cerebrum and cerebellum have roles to play in this system, as well. We will briefly discuss the neuroanatomy of these systems and then review some pathology associated with these systems. Concussion and TBI can impact these systems. Some simple functional tests can be used to assess the loss and progress following treatments, and we will practice some of these.</p>	Mary Tuchscherer	Lecture Room 2 (L2)		
5:00 pm - 7:00 pm	All Conference SOCIAL EVENT: Cocktails and Crafts		CAFETERIA		
				Sat total w/Cad Lab	7
				Sat total No Cad Lab	6.5

Sunday, March 5, 2023

Time	Description	Instructor	Location	Hours
7:00 am - 7:50 am	Alumni Breakfast: Please join your fellow alumni for a buffet breakfast sponsored by the Massage Therapy Alumni Board in the Fireside Lounge. The annual meeting of the Massage Therapy Alumni Board will be held during breakfast and it will be an opportunity to hear more about what the board does and connect with others. Hope to see you there!		Fireside Lounge	
8:00 am - 9:30 am	<p>Group B: Workshop Part 2 Application of Critical Thinking for Hands-on Treatment Techniques In this hands-on workshop, Dr. Joe Muscolino builds on the principles of his keynote presentation to application of how to creatively figure out how to perform massage and stretching skills.</p>	Joseph Muscolino	Gym	1.5
	<p>Group A: The Ethics of Client Communication: Talking to Clients About Their Health This class addresses the delicate art of communicating professionally and with open hearts when we have concerns about our clients' wellbeing. Key topics include medications that may influence bodywork choices; visual or palpatory signs that are red flags; and maintaining boundaries for client safety (how to say "no" when your client says "yes").</p> <p>Basic principles of active listening are reviewed and employed as students observe a variety of difficult client-therapist conversations, all based on real-life situations provided by past participants.</p> <p>Participants will be able to...</p> <ul style="list-style-type: none"> Identify red flags for massage therapy, including visual palpatory signs and medications Use principles of active listening to have appropriate conversations with clients when something comes up mid-session that requires changing the session plan Give feedback to each other about the effectiveness of their communication 	Ruth Werner, BCTMB	Lecture Room 2 (L2)	

9:30 - 10:00 am	Break/Visit Vendors			0
10:00 am - 11:30 am	Group B: Workshop Part 2 continues	Joseph Muscolino	Gym	1.5
	Group A: Continues Ethics Lecture	Ruth Werner, BCTMB	L2	
11:30 am - 1:00 pm	Lunch		Cafeteria	
11:30 am - 12:00 pm	Cadaver Lab #4 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.	David Farrar and Joe Muldoon	Cadaver Lab	0.5
12:00 pm- 12:30 pm	Cadaver Lab #5 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.	David Farrar and Joe Muldoon	Cadaver Lab	
12:30 pm - 1:00 pm	Cadaver Lab #6 (48 Max) This 30-minute breakout session allows in-person discovery in the cadaver anatomy lab. Feel and move dissected cadavers and the detailed relationships of tendonous and ligamentous structures involved in clinical presentation of symptoms.	David Farrar and Joe Muldoon	Cadaver Lab	
1:00 pm - 2:30 pm	Group A: Workshop Part 2 Application of Critical Thinking for Hands-on Treatment Techniques In this hands-on workshop, Dr. Joe Muscolino builds on the principles of his keynote presentation to application of how to creatively figure out how to perform massage and stretching skills.	Joseph Muscolino	Gym	1.5
	Group B: The Ethics of Client Communication: Talking to Clients About Their Health This class addresses the delicate art of communicating professionally and with open hearts when we have concerns about our clients' wellbeing. Key topics include medications that may influence bodywork choices; visual or palpatory signs that are red flags; and maintaining boundaries for client safety (how to say "no" when your client says "yes"). Basic principles of active listening are reviewed and employed as students observe a variety of difficult client-therapist conversations, all based on real-life situations provided by past participants. Participants will be able to... <ul style="list-style-type: none"> Identify red flags for massage therapy, including visual palpatory signs and medications Use principles of active listening to have appropriate conversations with clients when something comes up mid-session that requires changing the session plan Give feedback to each other about the effectiveness of their communication 	Ruth Werner, BCTMB	L2	
2:30 - 3:00 pm	Break/Visit Vendors			
3:00 pm - 4:30 pm	Group A Continues Workshop Part 2	Joseph Muscolino	Gym	1.5
	Group B : Continues Ethics Lecture	Ruth Werner, BCTMB	L2	
Sun w/Cad Lab				6.5
Sun w/o Cad Lab				6
Max Hours w/Cad Lab				13
Max Hours w/o Cad Lab				12.5