

Summer/Fall
2019

NORTHWESTERN  HEALTH SCIENCES
UNIVERSITY

CONTINUING Education

**GET
READY FOR
YEAR-END!**

Acupuncture and Chinese Medicine

Chiropractic

Distance Learning

Massage Therapy



www.nwhealth.edu

WHAT'S NEW!

GET READY FOR YEAR-END!

It's the time of year to make sure you have completed the continuing education you need. We offer live and online courses that will help you learn new skills and get the hours you need to stay on track.

We are excited to announce the addition of some new online courses in professional development and fitness (see page 22 for details).

Check out some of our awesome new and returning instructors:

- Amy Moll, DAOM, L.Ac. is back to do a full weekend seminar
- Charles Sefcik is teaching another 48-Hour Nutrition Certificate
- Cathy Cohen teaches beyond trigger point Postural Dysfunctions Core Unit
- Kate Jordan teaches Bodywork for the Childbearing Year
- Charles Masarsky asks us to Follow the Oxygen in his new seminar
- David Seaman, DC offers us a Chronic Pain Update

Plus many more talented instructors and relevant seminars are included inside. Please page through our catalog to find the seminar that is just right for you, or call us to discuss. Our friendly staff is happy to help.

Continuing Education

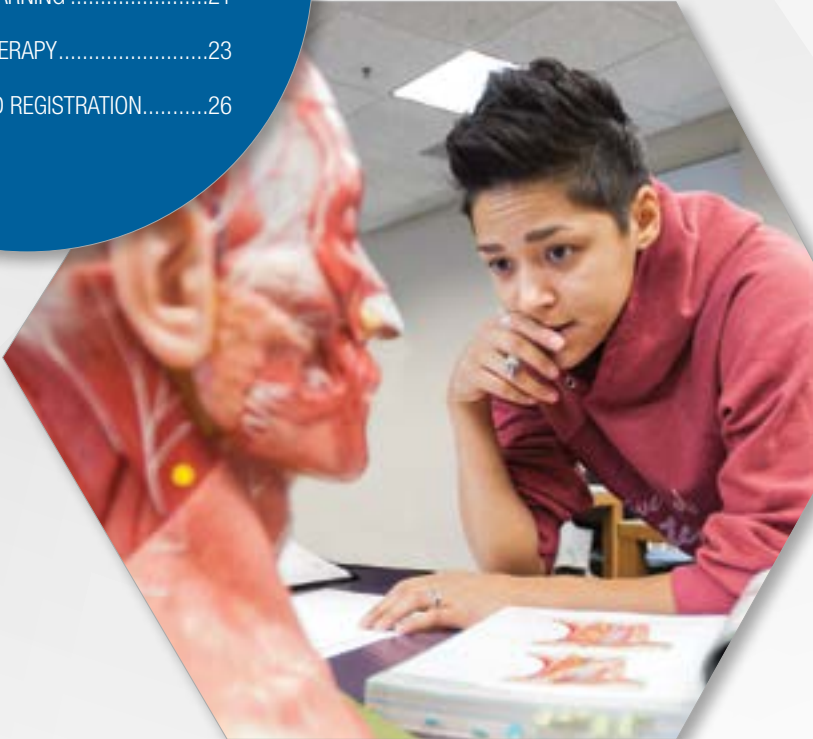
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Continuing Education
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www.nwhealth.edu/conted



For on-campus seminars, we apply to MN, IA, ND, SD and WI for license renewal credit. You can request application in other states, but charges may apply. For off-campus seminars, we apply to states directly surrounding the seminar location. NWHSU is not liable for any expenses if approval is denied or a misunderstanding about approval occurs.



National Certification Board for Therapeutic Massage and Bodywork
NCBTMB provider number is 450464-07.
Please contact us about specific online course approval. We promote courses in the massage section of the catalog that NCBTMB has or will consider approved.



National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM)
NCCAOM provider number is 078.
We promote courses in the acupuncture/Chinese medicine section of the catalog that NCCAOM has or will consider approved.



**NORTHWESTERN
HEALTH SCIENCES
UNIVERSITY**

Continuing Education Department
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Meet Our Team

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- Certification board applications and approvals
- Partner Invoicing





August 3, 2019

Basic Life Support for the Healthcare Provider

Ann Zimmermann-Hohn

On campus. 5 hours (No CE hours or PDAs for MTs or ACs), Sat., 8 a.m. - 1 p.m.

\$80

October 5, 2019

Basic Life Support for the Healthcare Provider

Ann Zimmermann-Hohn

On campus. 5 hours (No CE hours or PDAs for MTs or ACs), Sat., 8 a.m. - 1 p.m.

\$80

October 5-6, 2019

New! Neurological Exam Skills for the Central Nervous System

Amy Moll, DAOM, L.Ac.

Learn neurological exams specific to the central nervous system, with an appreciation for the functional connections between regions of the brain and neuronal networks.

On campus. 16 hours, Sat. and Sun., 8 a.m. - 5 p.m.

Early Bird (on or before 9/5/19): \$350 Practitioner, \$175 T7+ Students

Regular (after 9/5/19): \$420 Practitioner, \$210 T7+ Students



Amy Moll is a Doctor of Acupuncture and Oriental Medicine specializing in neurological disorders, chronic pain, and concussion recovery and has taught courses on dysautonomia and neurological exam techniques.

Back by popular demand. Here are some comments we received after her presentation at the 2019 Great River Symposium!

“*“Amy Moll is amazing. I would study with her anywhere, anytime. Love, love, love.” – K. Pendl*

“Amy is a gifted speaker.” – D. Bruce

“This was amazing and I want to get more training with Amy Moll.” – L. Vincent

“Such an intelligent and articulate speaker! – H. Smith”

ACUPUNCTURE AND CHINESE MEDICINE

October 19-20, 2019

Therapeutic Cupping for Health Professionals

Greta Jeffrey, L.Ac.

Cupping therapy is an effective modality that is gaining increasing attention after advocacy by celebrities and sports stars. The safe application of this technique, however, requires knowledge and skill.

This comprehensive, practical workshop will teach you to safely use therapeutic cupping in your practice. You will learn the application of the fire cups, silicone cups, mechanical pump-cups as well as disinfection and sterilization procedures.

On campus. 12 hours, Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 12 p.m.

\$250 (includes supplies)



November 2, 2019

2019 Edith Davis Seminar: Pulse Diagnosis

Greg Cicciu, L.Ac.

Come and FEEL what you have been missing. Here is some of what we will cover:

- The yin and yang of the pulse
- The physical organ vs. the function of the organ in the pulse
- Qualitative vs. quantitative aspects
- Breaking down locations more precisely
- Location pain through the pulse and letting that guide your acu-points
- The foundational diagnosis from the pulse

This workshop has a LOT of practical hands-on, visual aids and discussion. Greg will engage and inspire you to experience the pulses in greater depth. He published ***The Pulse Atlas: An Illustrative Guide to Pulse Diagnosis*** in 2011 to guide conversations, and demonstrate a clear picture of the pulse.

On campus. 5 hours, Sat. 9 a.m. – 3 p.m.,

\$79 Practitioners, \$25 Students. Includes lunch!

Cosponsored by the ACM Alumni Board



November 9, 2019

New! Qigong for Health for Professional Continuing Education

Jacqueline Gran, Spring Forest Qigong Master

Learn the basics of Spring Forest Qigong and further your personal understanding of energy healing, Qigong movements and essentials of meditation.

On campus. 7 hours, Sat., 8:30 a.m. – 4:30 p.m.

(1 hr. lunch on your own)

\$249

August 2, 2019

Rehabilitation and Therapeutic Exercises for Low Back Pain
Manuel Duarte, DC

Chicago, IL. 3 hours. Fri., 9 a.m. – 12 p.m.

To register visit www.footmaxx.com or call 1-800-779-3668

August 3, 2019

Basic Life Support for the Healthcare Provider

Ann Zimmermann-Hohn

On campus. 5 hours
(not for doctors in WI)
Sat., 8 a.m. – 1 p.m.
\$80



August 3-4, 2019

Graston Technique Module 2 – Advanced Training

Ryan Lystad, DC

On campus. 14 hours. Sat., 8:00 a.m. – 5:30 p.m.,
Sun., 7:30 a.m. – 1:30 p.m.

\$695 practitioner, \$495 student.

To register visit www.grastontechnique.com

Back in Balance – Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Bethesda, MD. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Limitless with Advanced

Dan Murphy, DC, DABCO and Jerome Rerucha, DC, BS, CSCS, CHPS

Schaumburg, IL. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/



August 10-11, 2019

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

Dallas, TX. 12 hours (incl. 1 nutrition).

Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

CHIROPRACTIC



August 15-16, 2019

CT Delegated Adjunctive Modality Services

Steven Silverman, DC, CCST, CCSP

Wausau, WI. 12 hours, Thurs., 7:30 a.m. – 6 p.m., Fri., 1 p.m. – 5 p.m.

\$430 for all 12 hours (or purchase modalities separately). To register call Allied Health at 715-848-2426, ext. 102 or 103

August 17-18, 2019

Limitless with Advanced

Dan Murphy, DC, DABCO and Jerome Rerucha, DC, BS, CSCS, CHPS

Spokane, WA. 12 hours. Sat., 8 a.m. – 5:30 p.m.,

Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

August 24-25, 2019

Get Back in the Game: Simple and Quick Laser Techniques to Get Weekend Warriors, Youth and Elite Athletes Back from Injuries & Enhance Sports Performance

Kirk Gair, DC

Reno, NV. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun 8 a.m. – 12:15 p.m.

\$150 for CE's. To register visit www.erchonia.com/seminars/

Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

New! Haven, CT. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$150 for CE's. To register visit www.erchonia.com/seminars/

September 5, 2019

Upper Extremity Symptoms

Dan Dock, DC

Eau Claire, WI. 5 hours. Thurs., 7:30 a.m. – 12:30 p.m.

\$49.

To register visit www.dandockdc.com or call 218-525-2033

Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Dallas, TX. 8 hours. Sat., 8 a.m. – 5:30 p.m.

\$99. To register visit www.erchonia.com/seminars/



September 7-8, 2019

Limitless

Dan Murphy, DC, DABCO

Birmingham, AL. 12 hours. Sat., 8 a.m. – 5:30 p.m.,
Sun., 8 a.m. – 12:15 p.m.

\$99. To register visit www.erchonia.com/seminars/

September 12, 2019

Cervical Differential Assessment, Part B

Dan Dock, DC

Milwaukee, WI. 10 hours.

Thurs., 7:30 a.m. – 5:30 p.m.

\$99.

To register visit www.dandockdc.com
or call 218-525-2033

September 14-15, 2019

MN Chiropractic Neurology Diplomate #19 of 20: Pediatric Neurology

Fred Clary, DC

On campus. 17 hours (incl. 1 x-ray). Sat., 8 a.m. – 8 p.m., Sun., 8 a.m. – 2 p.m.

\$375; \$187.50 faculty or first year graduates.

The Changing Brain: Applying the Principles of Neuroplasticity to Pain, Posture, Stress and Low-Tech Rehab

Brian Jensen, DC

Davenport, IA. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$199; \$99 CA's; Free to students. To register visit www.footlevelers.com/seminars or call 1-800-553-4860

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

Las Vegas, NV. 12 hours (incl. 1 nutrition). Sat., 8 a.m. – 5:30 p.m.,
Sun., 8 a.m. – 12:15 p.m.

\$99 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Milwaukee, WI. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$99 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

CHIROPRACTIC

September 16-20, 2019

Applying Functional Medicine in Clinical Practice (AFMCP)
Various speakers

Seattle, WA. 34 hours. Mon. – Thurs., 8 a.m. – 6 p.m.,
Fri., 8 a.m. – 5 p.m.

\$3350. For details and to register visit
<https://www.ifm.org/learning-center/afmcp-2019-seattle/>

September 19, 2019

Cervical Differential Assessment, Part B
Dan Dock, DC

Appleton, WI. 10 hours.
Thurs. 7:30 a.m. – 5:30 p.m.

\$99. To register go to www.dandockdc.com
or call 218-525-2033

September 21, 2019

DOT Drug Testing and Alcohol Screening
Elizabeth Auppl

On campus. 8 hours. Sat. 9 a.m. – 6 p.m.
\$192

September 21-22, 2019

Pumped: Enhance Your Structural & Functional Examination Skills

Jerome Rerucha, DC, BS, CSCS, CHPS

Palo Alto, CA. 12 hours. Sat., 8 a.m. – 5:30 p.m.,
Sun., 8 a.m. – 12:15 p.m.

\$175.

To register visit www.erchonia.com/seminars/

September 22, 2019

DOT Physical Exams for NRCME

Brian Tasky, DC

On campus. 8 hours.
Sun., 8 a.m. – 5 p.m.,

\$199

September 26, 2019

Back in Balance – Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Orlando, FL. 8 hours.
Sat., 8 a.m. – 5:30 p.m.

\$75 for CE's.

To register visit
www.erchonia.com/seminars/



September 28-29, 2019

New Instructors and curriculum!

Chiropractic Acupuncture Certificate Program

Michelle Steinys, DC, DABCA and Kristine Tohtz, DC, L.Ac., DABCA

Learn the age-old technique of acupuncture in levels of progression. Each session incorporates classroom and laboratory practicum to advance your acupuncture knowledge along with your clinical application skills. It offers an overview and basic training in acupuncture theory and techniques.

In order to qualify to sit for the NCBE acupuncture exam and use acupuncture as an adjunct therapy in most states, you must complete this program in its entirety and pass all the exams. Program fills up fast — register today! Visit our website to see the full program schedule.

15 hours/session (105 total). Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 4 p.m.

Full program discount \$1799 (save \$294). Students T5+ eligible.

New and Improved!

CCSP Sports Hands-On #1 of 3: Emergency Procedures

Melissa MacDonald, DC and Beth Antoine, DC

Learn to treat sports injuries and athletes in our updated program.

This three-session program is part of our Sports Injuries (CCSP) program (#2 is October 25-26 and #3 is November 16-17). Complete nine sessions online and this hands-on program to be eligible to sit for the Certified Chiropractic Sports Physician (CCSP) exam offered by the American Chiropractic Board of Sports Physicians.

Dr. MacDonald is a 2015 graduate of NWHSU and was a fellow of their Human Performance Center. Her research focused on the female athlete and developing specific testing and treatment protocols to combat the higher injury rate of women in sports.



Dr. Beth Antoine brings 13 years of athletic training experience to her current fellowship position at NWHSU. She received her Doctorate of Chiropractic in 2015 and has an MS in Sports Psychology and MSH in Clinical Nutrition.

On campus. 12 hours.

Sat., 1 p.m. – 7 p.m.,

Sun., 8 a.m. – 2 p.m.

Buy all 3 sessions and save! \$699

DC; \$349 1st year graduates.

**Per session: \$250 DC,
\$125 1st Year graduates.**

Cervical Differential Assessment

Dan Dock, DC

Dallas, TX. 16 hours. Sat., 7:30 a.m. – 6 p.m., Sun., 7:30 a.m. – 1:30 p.m.

\$99. To register go to www.dandockdc.com or call 218-525-2033

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

Portland, OR. 12 hours (incl. 1 nutrition). Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$99 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

Limitless with Advanced

Dan Murphy, DC, DABCO and

Jerome Rerucha, DC, BS, CSCS, CHPS

Nashville, TN. 12 hours, Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15p.m.

\$99 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/



CHIROPRACTIC

September 29, 2019

Beyond Hormones

Andrew Rostenberg, DC

Plymouth, MI. 6 hours. Sun., 8:30 a.m. – 4 p.m.

\$149. \$99 for each additional staff. (add \$50 for CE's)

To register contact Metagenics Midwest at 1-800-522-6382.

October 3, 2019

Navigating the Tumultuous Landscape of Rehabilitation: A Best Practice Update

Alex Sundin, DC

Eden Prairie, MN. 6 hours. Thurs., 8:30 a.m. – 3 p.m.

\$200. To register call Dr. Michael Krejci 952-205-3129.

October 5, 2019

Basic Life Support for the Healthcare Provider

Ann Zimmermann-Hohn

On campus. 5 hours (No CE hours or PDAs for MTs or ACs). Sat., 8 a.m. -1 p.m.

\$80

October 5-6, 2019

New! Neurological Exam Skills for the Central Nervous System

Amy Moll, DAOM, L.Ac.

Learn neurological exams specific to the central nervous system, with an appreciation for the functional connections between regions of the brain and neuronal networks.

On campus. 16 hours, Sat. and Sun., 8 a.m. – 5 p.m.

Early Bird (on or before 9/5/19): \$350 Practitioner, \$175 T7+ Students

Regular (after 9/5/19): \$420 Practitioner, \$210 T7+ Students



Amy Moll is a Doctor of Acupuncture and Oriental Medicine specializing in neurological disorders, chronic pain, and concussion recovery and has taught courses on dysautonomia and neurological exam techniques.

Back in Balance -

Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Asheville, NC. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/



CHIROPRACTIC

October 12-13, 2019

Chiropractic Pediatric Certification Program

NWHSU partners with the ICPA to offer this program. It provides chiropractors and T5+ chiropractic students with fundamental clinical skills, knowledge, and research pertaining to the care of children and pregnant mothers.

The program is designed to build your confidence as a family practitioner and guide you and your practice model towards the creation of health, building the vitality and adaptability of those that you serve.

The full program consists of 14 seminars, 2 Research Projects and 1 Final Exam. When you complete the program, ICPA graduates are eligible for the credentials CACCP: Certified by the Academy Council of Chiropractic Pediatrics.

Take one class on its own, or complete all the classes in the series to earn the certification.

#1 of 14 – Perinatal Care –Webster Certification

Jeanne Ohm, DC

On campus. 13 hours. Sat., 8:30 a.m. – 6:30 p.m., Sun., 8 a.m. – 12 p.m.

\$330 DC/Member; \$480 Non-member; \$280 1st year Grad, T4+ Student

For more information and to register visit:

<https://icpa4kids.com/training/locations/minneapolis-minnesota/>

MN Chiropractic Neurology Diplomate #20 of 20; Neuroanatomical Localization and Syndromes

Fred Clary, DC

On campus. 17 hours (incl. 1 x-ray). Sat., 8 a.m. – 8 p.m., Sun., 8 a.m. – 2 p.m.

\$375; \$187.50 faculty or first year graduates.

Get Back in the Game: Simple and Quick Laser Techniques to Get Weekend Warriors, Youth and Elite Athletes Back from Injuries & Enhance Sports Performance

Kirk Gair, DC

Anchorage, AK. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun 8 a.m. – 12:15 p.m.

\$75 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

October 19-20, 2019

Functional Blood Lab Testing Essentials

John Larson, DC

Learn the process and procedures related to doing comprehensive functional blood lab testing with your patients or clients. Learn the practical application of using blood lab testing results in daily practice to create the best dietary, nutritional and lifestyle recommendations for your patients that need them.

On campus. 14 hours. Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$279 (\$259 early bird by September 30)

Take Aim at Chronic Pain – Conquering America's Health Epidemics

Jerome Rerucha, DC, BS, CSCS, CHPS

Ann Arbor, MI. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$49 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Limitless

Dan Murphy, DC, DABCO

Charleston, SC. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

Free (\$150 for CE's). To register visit www.erchonia.com/seminars/



Gastrointestinal Advanced Practice Module (Live Stream Available)
Various Speakers

Scottsdale, AZ. 17.5 hours
(incl. 6 nutrition). Thurs. and Fri., 8 a.m. – 6 p.m., Sat., 8 a.m. – 12:15 p.m.
\$1550-\$1800. To register visit www.ifm.org/learning-center

October 25-26, 2019

Great Lakes Conference: Join the Conversation
Chad Oler, Charles Sefcik, Jeff Kotulski, Kurt Waples, Pat Luse, Jessica Knurick, Jocelyn Strand, Robert Silverman, Nakita Savant, Vinton Albers

JW Marriott Hotel, Bloomington, MN. 23 hours (incl. 3 X-ray, 1 professional boundaries, 2 acupuncture).
Fri., 8:30 a.m. – 6 p.m., Sat., 8:30 a.m. – 5 p.m., Sun., 8:30 a.m. – 5:30 p.m.

All 3 Days*:	Single Day*:
Whole Clinic \$795	Whole Clinic: \$395
Practitioners \$545	Practitioners \$245
Staff/Students: \$345	Staff/Students: 175
NWHSU students FREE	NWHSU students FREE

To register visit www.nutridyn.com/seminars
*Must register by 9/25/19 to get this early bird rate.

Dr. Michelle Steinys graduated from National University of Health Sciences in 2003. She has her diplomate in chiropractic acupuncture and served as president for the ABCA.

October 26-27, 2019

Chiropractic Acupuncture Certificate #2 of 7: Tongue Diagnosis, Antique Points, Acupuncture Theory 2, Meridians 2
Michelle Steinys, DC, DABCA

On campus. 15 hours. Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 4 p.m.
\$1799 Full Program (save \$294), \$300 per session

Please note: we recommend purchasing the full program to ensure your seat.

CCSP Sports Hands-On #2 of 3: Extremity Adjusting and Therapeutic Muscle Stretching
Brian Nook, DC, DACBSP

On campus. 12 hours. Sat., 1 p.m. – 7 p.m., Sun., 8 a.m. – 2 p.m.
\$250 DC, \$125 1st Year Graduates

Treatment of Functional Movement Disorders
Mario Fucinari, DC, CCSP, APMP, CPCO, MCS-P

Roanoke, VA. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.
\$199. To register visit www.footlevelers.com

Limitless with Advanced
Dan Murphy, DC, DABCO and
Jerome Rerucha, DC, BS, CSCS, CHPS

Orlando, FL. 12 hours, Sat., 9:30 a.m. – 7 p.m., Sun., 9:30 a.m. – 1:45 p.m.
\$175 (add \$75 for CE's).
To register visit www.erchonia.com/seminars/



October 27-29, 2019

Detox Advanced Practice Module (Live Stream Available)

Various Speakers

Scottsdale, AZ. Up to 17.5 CE hours,
Sun. and Mon., 8 a.m. – 6 p.m.,
Tues., 8 a.m. – 12 p.m.

**\$1550-\$1800. To register visit
www.ifm.org/learning-center**



November 2-3, 2019

New! Follow the Oxygen

Charles Masarsky, DC

There is only one nutrient that one must have every minute – oxygen. This course will review the human biology of oxygen from muscles to molecules – from breathing to cellular respiration. Practical aspects will be applied, particularly in terms of clinical assessment, case management, and patient education.

On campus. 12 hours. Sat., 1 p.m. – 7 p.m., Sun., 8 a.m. – 2 p.m.

\$250. \$125 Students.

Dr. Charles Masarsky earned his D.C. degree in 1981 and has run his own practice since 1983. He delivers postgraduate seminars for chiropractic associations and colleges and his writings have been included in many publications.

The Changing Brain: Applying the Principles of Neuroplasticity to Pain, Posture, Stress and Low-Tech Rehab

Brian Jensen, DC

Overland Park, KS. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$199; \$99 CA's; Free to students.

To register visit www.footlevelers.com/seminars or call 1-800-553-4860

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

Cedar Rapids, IA. 12 hours (incl. 1 nutrition). Sat., 8 a.m. – 5:30 p.m.,
Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Activate - Remapping the Body for Athletic Performance

Timothy Maggs, DC

Portland, ME. 12 hours.

Sat., 8 a.m. – 5:30 p.m.,

Sun., 8 a.m. – 12:15 p.m.

\$49 (add \$75 for CE's).

To register visit

www.erchonia.com/seminars/



CHIROPRACTIC

November 9, 2019

New! Qigong for Health for Professional Continuing Education

Jacqueline Gran, Spring Forest Qigong Master

Learn the basics of Spring Forest Qigong and further your personal understanding of energy healing, Qigong movements and essentials of meditation.

On campus. 7 hours, Sat., 8:30 a.m. - 4:30 p.m. (1 hr. lunch on your own)
\$249

November 9-10, 2019

Graston Technique Module 1 - Basic Training

Brad Finer, DC

On campus. 12 hours. Sat., 8:30 a.m. - 5 p.m.,
Sun., 8 a.m. - 1 p.m.

\$650. \$400 NWHSU Students. To register visit
www.grastontechnique.com

48 Hour Nutrition #1 of 4: Inflammation

Charles Sefcik, DC

The goal of this 48-hour nutrition program is to provide you (novice or experienced) with a complete nutritional system that will provide you the knowledge and confidence to help your patients immediately.

Though each session is a stand-alone, they will build upon each other by following a simple framework of thinking using a simple acronym (STAMP) that will help guide you through a thought process that is quick and efficient.

On campus. 12 hours. Sat., 1 p.m. - 7 p.m.,
Sun., 8 a.m. - 2 p.m.

Additional dates include: December 7-8, 2019,
January 18-19, 2020, and February 8-9, 2020

**\$850 full program discount (save \$150) or \$250 per session;
50% discount for first year graduates.**

**NWHSU Student Scholarship Available when you attend
all four sessions.**



Dr. Charles Sefcik is a board certified chiropractic neurologist, certified clinical nutritionist, founder and clinical director of the Life Enhancement Clinic in Bismarck, ND. He uses both conventional and functional diagnostic testing for improved clinical outcomes.



Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Atlanta, GA. 12 hours.

Sat., 8 a.m. - 5:30 p.m.,

Sun., 8 a.m. - 12:15 p.m.

\$175 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

**REGISTER
ONLINE
ANYTIME!**



Dr. Beth Antoine brings 13 years of athletic training experience to her current fellowship position at NWHSU. She received her Doctorate of Chiropractic in 2015 and has an MS in Sports Psychology and MSH in Clinical Nutrition.

November 16-17, 2019

CCSP Sports Hands-On #3 of 3: Athletic and Kinesiology Taping

Beth Antoine, DC

On campus. 12 hours. Sat., 1 p.m. – 7 p.m., Sun., 8 a.m. – 2 p.m.

\$250 DC, \$125 1st year graduates

New! Chronic Pain Update

David Seaman, DC

Chronic pain continues to plague Americans as evidenced by the current opioid crisis. Focus on the management of structural, chemical and psychologic factors that stimulate nociceptive activity to generate pain. Gain a deeper understanding of the immune and autonomic nervous systems, the biopsychosocial model, gut microbiome and pain documentation.



Dr. David Seaman is a 1986 graduate of NYCC, after which he completed an MS in nutrition and diplomate in neurology. Always interested in why certain patients do not respond to manual methods, he studies how many respond to dietary changes and nutritional supplements.

On campus. 12 hours, Sat., 1 p.m. – 7 p.m., Sun., 8 a.m. – 2 p.m.

\$250 DC, \$125 1st year graduates and T7+ students

Treatment of Functional Movement Disorders

Mario Fucinari, DC, CCSP, APMP, CPCO, MCS-P

Boston, MA. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$199. To register visit www.footlevelers.com/seminars or call 1-800-553-4860

Limitless with Advanced

Dan Murphy, DC, DABCO and Jerome Rerucha, DC, BS, CSCS, CHPS

Irvine, CA. 12 hours, Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$99 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Bloomington, MN. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

November 23-24, 2019

Chiropractic Acupuncture Certificate #3 of 7: Eight Extraordinary Meridians, Acupuncture Theory 3, Meridians 3 and Auriculotherapy and Instrumentation

Kristine Tohtz, DC, L.Ac., DABCA

On campus. 15 hours.

Sat., 9 a.m. – 6 p.m.,

Sun., 8 a.m. – 4 p.m.

\$1799 Full Program

(save \$294),

\$300 per session

Please note: we recommend purchasing the full program to ensure your seat.



Dr. Kristine Tohtz has extensive education and experience in chiropractic, acupuncture, hypnotherapy, and more, combining multiple practices to create a unique way to provide optimal treatment, rehabilitation, and pain management to each patient she sees.

Chiropractic Pediatric Certification #2 of 14 – The Essentials of Chiropractic – Adjusting the Infant and Education in the Perinatal Period

Armand Rossi, DC and Ian Shtulman, DC

On campus. 12 hours. Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 12 p.m.

\$330 DC/ICPA Member; \$480 Non-member;

\$280 1st year Grad, T5+ Student

New! Hands-on! Chiropractic Rehab Certificate #1 of 3: Lower Extremity

Jennifer Illes, DC, MS

Learn the basic concepts and skills necessary for a broad-based conservative care (primary health care) physician to evaluate and manage spinal injuries as well as the upper and lower extremity musculoskeletal injuries with chiropractic rehabilitative methods.



Dr. Jennifer Illes brings over 18 years of combined clinical and academic experience. Her experience includes treating professional athletes with sports-related injuries, nutritional application, women's health and wellness, and more.

Throughout this program, you will work your way up the kinetic chain. We start with lower extremity and work our way through the spine to the upper extremity. Learn exam skills, therapeutic exercise and rehabilitation of the locomotor system and its integration into chiropractic practice. Session #2: December 14-15, 2019 (spine), #3: January 11-12, 2020 (upper extremity)

On campus. 12 hours each weekend, 36 hours total.

Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – Noon

Full Program Discount: \$699 DC, \$349.50

1st year graduates/T7+ students/PT Fac

Per Session: \$250 DC, \$125 1st year graduates/T7+ students/PT Faculty

Limitless

Dan Murphy, DC, DABCO

Louisville, KY. 12 hours, Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (\$75 for CE's). To register visit www.erchonia.com/seminars/



CHIROPRACTIC

December 6-8, 2019

Annual License Renewal Seminar

Joseph Ferezy, DC and others

Numerous speakers and a variety of relevant topics in a symposium format. You

are able to visit vendors, enjoy lunch with us on Saturday, and enjoy breakfast and snacks every day. All for one low price.

It is your last chance to get all 20 hours you need this year!

On campus. 20 hours (incl. 3 X-ray, 2 PB), Fri., 1 p.m. – 7 p.m., Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

Early Bird Discount: \$339 full program; \$139 per day Fri or Sun; \$179 per day Sat
Add \$50 late fee after 11/26/19.



Dr. Joseph S. Ferezy, DC, FIACN is a graduate and former assistant professor of Northwestern College of Chiropractic, where he received certification in meridian therapy, and acupuncture. In addition to his private practice, he is a Diplomate of the American Chiropractic Academy of Neurology and a Fellow of the International Academy of Chiropractic Neurology.

December 7-8, 2019

48 Hour Nutrition #2 of 4 - GI Conditions

Charles Sefcik, DC

On campus. 12 hours. Sat., 1 p.m. – 7 p.m., Sun., 8 a.m. – 2 p.m.

\$250 DC Per session; \$125 1st year graduates

Treatment of Functional Movement Disorders

Mario Fucinari, DC, CCSP, APMP, CPCO, MCS-P

Los Angeles, CA. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$199. To register visit www.footlevelers.com/seminars or call 1-800-553-4860

The Changing Brain: Applying the Principles of Neuroplasticity to Pain, Posture, Stress and Low-Tech Rehab

Brian Jensen, DC

Tyson's Corner, VA. 12 hours. Sat., 12 p.m. – 6 p.m., Sun., 8 a.m. – 2 p.m.

\$199; \$99 CA's; Free to students. To register visit www.footlevelers.com/seminars or call 1-800-553-4860

Limitless

Dan Murphy, DC, DABCO

Arlington, VA. 12 hours, Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

The Woodlands, TX. 12 hours (incl. 1 nutrition). Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/

Back in Balance - Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Seattle, WA. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's). To register visit www.erchonia.com/seminars/



December 14-15, 2019

Chiropractic Acupuncture Certificate #4 of 7: Meridians 4, Introduction to Pulse Diagnosis and TCM History Taking

Kristine Tohtz, DC, L.Ac., DABCA

On campus. 15 hours. Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 4 p.m.

\$1799 Full Program (save \$294), \$300 per session

Please note: we recommend purchasing the full program to ensure your seat.

Chiropractic Pediatric Certification #3 of 14 – Perinatal Neuroimmunology – Patterns of Interference

Stephen Marini, DC

On campus. 12 hours. Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 12 p.m.

\$330 DC/Member; \$480 Non-member;

\$280 1st year Grad, T5+ Student

Limitless

Dan Murphy, DC, DABCO

Cleveland, OH. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

Back in Balance – Dealing with America's Health Epidemic from a Neurological Point of View

Trevor Berry, DC, DACNB

Denver, CO. 12 hours. Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

Mastery: An Integrative Approach to Functional Health

Robert Silverman, DC, DACNB, DCBCN, MS

New! Brunswick, NJ. 12 hours (incl. 1 nutrition). Sat., 8 a.m. – 5:30 p.m., Sun., 8 a.m. – 12:15 p.m.

\$175 (add \$75 for CE's).

To register visit www.erchonia.com/seminars/

December 12, 2019

At the Viewbox and Professional Boundaries

Jeffrey Rich, DC, DACBR and Nakita Savant, Ed.D.

Join us for a fun, interactive seminar to receive your professional boundaries and X-ray hours in one afternoon.

4 hours

(includes 3 X-ray and 1 PB)

\$90 (X-ray); \$30 (PB)



We have a new searchable continuing education website. You can more easily find one of the many great online courses we offer, search by profession, topic or instructor.

Online registration just got easier, too!

Just sign in to our new portal, create your profile, put your course(s) into your shopping cart, buy them and you will have instant access.

DISTANCE LEARNING OPTIONS **In the Spotlight**

www.nwhealth.edu or 952-885-5446

New! On-site Chiropractic Care and Corporate Consulting Certificate

A growing trend in the provision of corporate on-site health and wellness services currently prevails throughout American businesses. Learn in detail the various phases of successful corporate consulting and the exceptional outcomes that you can accomplish by becoming an appropriately trained provider.

Topics include:

- #1 of 3: Applied Ergonomics – The Human/Workplace Interface
- #2 of 3: The Occupational Health Consultant
- #3 of 3: Medico-Legal Consideration

30-Hour Certificate program

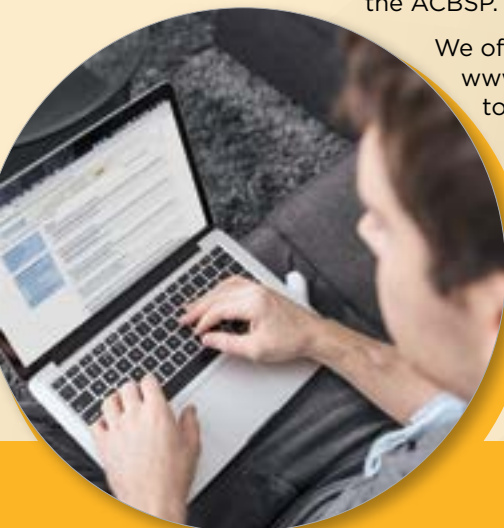
\$600 (save \$117!) Or purchase sessions individually for \$239 each.

Updated! Chiropractic Sports Injuries (CCSP) Online Program

We updated our online CCSP program this year. Courses are now more interactive and include today's latest research to support your learning. Our program emphasizes real-world experiences offered by today's sports experts.

The hands-on courses are scheduled for September 28-29, October 26-27, and November 16-17, 2019. Complete the online seminars and the hands-on seminars to be eligible for the certification exam offered by the ACBSP.

We offer full program discounts. Visit us at www.nwhealth.edu/continuing-education to get started today.



WATCH
YOUR EMAIL FOR
NEW CLASS
OFFERINGS

New Online Partnerships! Online Professional Development Courses

We are collaborating with MindEdge, CCA to offer more than 100 online, self-paced professional development courses. Courses include videos, scenario-based training and application practice.

Because the content of these courses relates to general business, leadership, and marketing skills, they do not specifically apply toward chiropractic, acupuncture or massage therapy license renewal hours.

Topics include career building, entrepreneurship, leadership, management, marketing, and operations.

Online Courses with GMP Fitness

We collaborated with GMP Fitness to offer you a group of online courses in the fitness area. We offer 23 different courses produced by Gina Piazza, the CEO and founder of GMP Fitness, a nationally recognized educational leader for over 30 years in sports, health and fitness.

Topics include Balance and Fall Prevention, Athletic Speed and Agility, Core Fit Exercise, Fibromyalgia Health and Exercise, Lifestyle and Wellness, Homeopathy and Sport Wellness and many more.

You can apply the skills to improve your patient care and your own fitness plan. Visit us today to check out all of the exciting new titles we are offering.



**IN ADDITION TO THE COURSES HIGHLIGHTED HERE,
WE OFFER MANY OTHER GREAT
ONLINE OPTIONS: WWW.NWHEALTH.EDU/CONTINUING-EDUCATION**



State Licensing Board Approval

Online courses (except the Mind Edge courses) are approved for doctors of chiropractic in MN, SD, ND and IA. You can request application in other states, but a fee may apply. Please call Kathy at 952-885-5446 to request approval before you purchase.

NCBTMB has approved the courses listed under massage therapy on our website.

NCBTMB
APPROVED

August 3, 2019

***Basic Life Support for the
Healthcare Provider***

Ann Zimmermann-Hohn

5 hours (No CE hours or
PDAs for MTs or ACs),
Sat., 8 a.m. – 1 p.m.

\$80

August 22-25, 2019



Bodywork for the Childbearing Year

Kate Jordan, LMT, NCTMB

Bodywork for the Childbearing Year® approaches the concerns of the pregnant, laboring and postpartum woman with a comprehensive program of advanced massage techniques and specific pregnancy and postpartum support measures.

You learn to recognize contraindications, complications, and high-risk pregnancies, emphasizing appropriate consultation with other childbirth professionals. Relevant research documenting the benefits of touch, particularly during the childbearing year, prepares you to present the benefits of pregnancy massage to health care providers.

On campus. 34 hours. Thurs., Fri, Sat, Sun. 8:30 a.m. – 6 p.m.

Early bird discount \$650 (by July 22); \$750 after

September 5 – November 14, 2019

New! Advanced Clinical Techniques: Working with Scars and Scar Tissue

Joanie Holst, BS, MS, BCTMB, CNMT, CKTP, CMLDT

On campus. 33 hours, Thurs., 8 a.m. – 11 a.m.

\$605.40

MASSAGE THERAPY

September 6 – October 4 and October 18, 2019

Foundations of Healing Touch

Instructors: Halbach/Judd

On campus. 20 hours, Fri., 9 a.m. – 1 p.m.

\$403.60

September 6 – November 18, 2019

Reflexology 2

Rachel Niewind, BS, BA, NCTMB, CNHP

On campus. 30 hours,
Mondays, 5:30 p.m. – 8:30 p.m.

\$807.20

September 9 – December 9, 2019

Functional Anatomy

Instructor: TBD

On campus. 35 Hours, Mon., 9:30 a.m. – 12:00 p.m.

\$605.40

Introduction to Chinese Medicine and Cupping Therapy

Greta Jeffery, L.Ac.

On campus. 28 hours, Mon., 3 p.m. – 5 p.m.

\$605.40

VISIT OUR
WEBSITE
FOR MORE
INFO

September 9 – October 21, 2019

Trauma Informed Bodywork

Alana Lucht

On campus. 14 hours,
Mon., 5:30 p.m. – 7:30 p.m.

\$403.60

October 5, 2019

Basic Life Support for the Healthcare Provider

Ann Zimmermann-Hohn

On campus. 5 hours
(No CE hours or PDAs for MTs or ACs), Sat., 8 a.m. – 1 p.m.

\$80

MASSAGE THERAPY

October 19, 2019

Insurance Billing for Massage Therapy

Joanie Holst, BS, MS, BCTMB, CNMT, CKTP, CMLDT

On campus. 7.5 hours, Sat., 8 a.m. – 4:30 p.m.
\$201.80



October 19-20, 2019

NCBTMB
APPROVED

Beyond Trigger Points Seminar: Postural Dysfunctions Core Unit

Cathy Cohen, LMT

You'll learn step-by-step protocols for relieving 5 common myofascial pain problems linked to postural dysfunction: headaches & neck, buttocks, front of shoulder, wrist and low back.

On campus. 16 hours. Sat. and Sun. 9 a.m. – 6 p.m.
\$295. \$195 Students (T2+)

Therapeutic Cupping for Health Professionals

Greta Jeffrey, L.Ac.

Cupping therapy is an effective modality that is gaining increasing attention after advocacy by celebrities and sports stars. The safe application of this technique, however, requires knowledge and skill.



This comprehensive, practical workshop will teach you how to safely add the benefits of therapeutic cupping to your massage practice. It will cover the application of cups, silicone cups, mechanical pump-cups, as well as disinfection and sterilization procedures.

On campus. 12 hours (no CE for NCBTMB). Sat., 9 a.m. – 6 p.m., Sun., 8 a.m. – 12 p.m.
\$250 (includes supplies)

October 28 – December 9, 2019

Orthopedic Testing

Instructor: TBD

On campus. 14 hours, Mon. 1:00 p.m. – 3:00 p.m.
\$201.80

Scope of Practice Disclaimer

You are responsible for checking with your professional licensing boards and/or other governing bodies regarding the clinical applicability of course content and presumed competencies which may be developed as a result of taking any course, seminar or other mode of instruction.

Refund Policy

24-hour cancellation notice is required for a full refund. Some exceptions apply. A processing fee may apply.

Cancellation/Change Policy

We reserve the right to adjust faculty, location, dates, time and tuition without notice. Please register in advance so you can be notified of changes. In the event we need to cancel a seminar, your tuition will be fully refunded. We are not responsible for any expenses incurred by registrants.

Transcripts/CE Hours

Transcripts are automatically emailed every month, the month following your seminar. Check for accuracy upon receipt and file it away for reference. Your transcript may be requested by calling 952-885-5446 or by emailing your full name and license period to solson@nwhealth.edu. We can usually email you a copy the same day.

Recommended Hotel

Hilton Bloomington Hotel
3900 American Blvd. W.
Bloomington, MN 55437
952-893-9500

For a discount, tell them you are attending a seminar at Northwestern.

Questions?

Call us at 952-885-5446 or email: continuinged@nwhealth.edu



REGISTRATION

Register at <https://www.nwhealth.edu/continuing-education/>
Or complete this form and mail or fax to our office with your payment.

Seminar Name: _____

Seminar Date: _____

Name: _____

Occupation: DC AC MT CA Other _____
(please circle) (please list)

Date of Birth: _____

Mailing Address: _____

City _____ State _____ Zip: _____

Daytime Phone: _____

Email: _____

College: _____

Graduation Month/Year: _____

States/Provinces of License: _____

License #: _____

Tuition Total: \$ _____

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(credit cards will be charged in US funds)

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Exp. Date: _____ Security code: _____

Signature: _____

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Continuing Education Dept.
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Bloomington, MN 55431 USA

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