



# Leadership Lab@COCC

Leadership Lab@COCC is a six topic leadership development experience incorporating many modes of learning to grow the habits successful leaders need in today's workplace. Attend interactive sessions to gain practical skills you can apply as a leader of your team. *Instructor: Mike Cieri* 

# **Emotional Intelligence: Realizing Your True Potential**

Emotional Intelligence, or better yet, emotional and social effectiveness, is based on the set of behavioral skills that enables us to consistently engage, influence and motivate ourselves and one another. Leaders and employees with high emotional intelligence and social effectiveness are more successful and more resilient than those who are only technically qualified.

## **Accountability & Delegation**

Develop the language of accountability and a model for achieving a work environment where people can count on each other to keep commitments. Learn how to hold others accountable using clear agreements and build personal ownership to support effective delegation.

## **Coaching & Feedback Techniques**

Gain the skills to give and receive feedback, helping your team members grow and develop while building engagement within the organization. Coaching is all about inspiring, encouraging, and challenging others. Learn to identify the kind of people you work with and how to recognize their work regularly to best present them with rewards and challenges.

#### **Working With Difficult People**

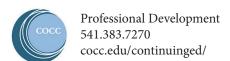
Advance your ability to identify, understand and respond to difficult people in a positive and productive manner. The effectiveness of your communication is measured by the response you get. The tools and strategies learned will equip you to receive the right responses, even from difficult people.

#### **Performance Management**

Approach Performance Management on a day-to-day basis by working with your employees to be sure they understand their roles and responsibilities. Ultimately, this will inspire employees to reach for greater productivity and personal growth.

### **Team Building in Challenging Times**

Learn proven techniques to transform your team into a highly motivated, hardworking team. Whether your team is virtual or not, a unified team will consistently outperform a collection of talented individuals. On cohesive teams, the members work together toward a common goal, understanding that personal goals and company objectives are interdependent. By helping the team effort, members are really helping themselves



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