Checklist for NYBG: Aromatherapy Soy Candles

- ✓ Mason jars (4 oz)
- ✓ Wicks for mason jars
- ✓ Soy Wax
- ✓ Essential oils: Look to Purchase 5 to 6 oils. Many health food stores sell oils as well as places like Whole Foods. Also check out the **Resources** section at the end of this document.
  - o Rosemary
  - o Peppermint
  - o Eucalyptus
  - o May chang
  - o Lemongrass
  - o Basil
  - o Patchouli
  - o Cedarwood
  - o Lavender
  - o Palmarosa
  - o Geranium
  - o Ylang ylang
  - o Sweet orange
- ✓ Large pot for water
- ✓ Pitchers or shatter-proof measuring cups for melting wax
- ✓ Thermometer (e.g., Candy Thermometer)
- $\checkmark$  Wooden sticks to stir essential oils into the wax
- ✓ Scale
- ✓ Towels for clean up

## **Resources:**

- Wax & Wicks: Candlescience.com
  - Wax: <a href="https://www.candlescience.com/wax/golden-brands-464-soy-wax">https://www.candlescience.com/wax/golden-brands-464-soy-wax</a>
  - Wicks: <u>https://www.candlescience.com/wick/cd-8</u>
- Essential Oils:
  - Mountain Rose Herbs:
    - https://www.mountainroseherbs.com/catalog/aromatherapy/essential-oils
  - Fromnaturewithlove.com
  - Newdirectionsaromatics.com
- Containers: <u>https://www.sks-bottle.com/</u>
  - Though I recommend getting basic mason/"Ball" jars from a local store!