

# NYBG

## Materials List for the Essential Oils Perfume Workshop

In this class you'll be formulating three unique signature scents using beeswax, carrier oils, and essential oils. You'll create one solid perfume, a 2 oz. aromatherapy spray, and a roll-on perfume. Good sources for essential oils are **Piping Rock** and **Plant Therapy**.

Perfume blends have a top note, middle note, and a bottom note so please choose 2-3 essential oils from each column:

<b>Column 1</b>	<b>Column 2</b>	<b>Column 3</b>
<b>Base Notes</b>	<b>Middle Notes</b>	<b>Top Notes</b>
Amber	Black Pepper (to top)	Anise
Cedarwood	Chamomile	Basil
Cinnamon (to Middle)	Geranium	Clary Sage (to Middle)
Clove	Jasmine	Eucalyptus
Frankincense	Lavender (to top note)	Grapefruit
Gardenia (can be base, middle, top)	Lemongrass	Lemon
Myrrh	Pine	Lime
Oakmoss	Rose (to base note)	Orange
Patchouli	Rosemary	Peppermint
Sandalwood	Violet	Sage
Vetiver	Ylang Ylang	Spearmint
		Tea Tree (to Middle)
		Thyme (to Middle)

**Jojoba Oil** – 1 small bottle (need about 1 ounce for each perfume and 4 ml for the roll on) - purchase through a health food store or Amazon

**Fractionated Coconut Oil** – a small bottle (need 4 ml for the roll-on) - purchase through a health food store or Amazon

**Beeswax** – a few ounces (will need 1 tablespoon of grated beeswax per solid perfume)

**Witch Hazel** – will need 1 teaspoon – available at a drugstore or Amazon

### **Other Supplies**

Many of the containers can be sourced through **Specialty Bottle** (<https://www.specialtybottle.com/>) or **Amazon**

**A small funnel** -

**1-ounce Metal Containers** – need 1 for the solid perfume -

[https://www.amazon.com/gp/product/B01JKTCWI4/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o07\\_s00?ie=UTF8&th=1](https://www.amazon.com/gp/product/B01JKTCWI4/ref=ppx_yo_dt_b_asin_title_o07_s00?ie=UTF8&th=1)

**10 ml dark glass roll-on container** – [https://www.amazon.com/inoxidable-adicionales-impermeables-cuentagotas-](https://www.amazon.com/inoxidable-adicionales-impermeables-cuentagotas-10ml/dp/B073GJLBLQ/ref=sr_1_7?dchild=1&keywords=8.5+ml+glass+roller+bottles&qid=1590437828&sr=8-7)

[10ml/dp/B073GJLBLQ/ref=sr\\_1\\_7?dchild=1&keywords=8.5+ml+glass+roller+bottles&qid=1590437828&sr=8-7](https://www.amazon.com/inoxidable-adicionales-impermeables-cuentagotas-10ml/dp/B073GJLBLQ/ref=sr_1_7?dchild=1&keywords=8.5+ml+glass+roller+bottles&qid=1590437828&sr=8-7)

**2-ounce dark colored glass bottle with spray top** – 1 bottle for the aromatherapy spray

[https://www.amazon.com/Vivaplex-Amber-Glass-Bottles-](https://www.amazon.com/Vivaplex-Amber-Glass-Bottles-Sprayers/dp/B07ZTRR7S6/ref=sr_1_9?crd=26PYZBA82FB27&dchild=1&keywords=2+ounce+glass+bottles+with+spray&qid=1590435944&srefix=2+ounce+glass+bottles+with+sp%2Caps%2C140&sr=8-9)

[Sprayers/dp/B07ZTRR7S6/ref=sr\\_1\\_9?crd=26PYZBA82FB27&dchild=1&keywords=2+ounce+glass+bottles+with+spray&qid=1590435944&srefix=2+ounce+glass+bottles+with+sp%2Caps%2C140&sr=8-9](https://www.amazon.com/Vivaplex-Amber-Glass-Bottles-Sprayers/dp/B07ZTRR7S6/ref=sr_1_9?crd=26PYZBA82FB27&dchild=1&keywords=2+ounce+glass+bottles+with+spray&qid=1590435944&srefix=2+ounce+glass+bottles+with+sp%2Caps%2C140&sr=8-9)

Distilled or spring water

*(supplies continued)*

**Double boiler or 2 small saucepans**

**Glass to mix oils**

**Spoon or stirrer to mix essential oils**

**Perfume test strips** - optional –

[https://www.amazon.com/gp/product/B01AF8P1FU/ref=ppx\\_yo\\_dt\\_b\\_asin\\_title\\_o07\\_s00?ie=UTF8&psc=1](https://www.amazon.com/gp/product/B01AF8P1FU/ref=ppx_yo_dt_b_asin_title_o07_s00?ie=UTF8&psc=1)

**Nitrile gloves** - optional