



Materials List

Artichokes in Watercolor Class

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The Subject – Artichoke

You will each be provided with an artichoke to work with. Given that Botanical Watercolor 1 is a pre-requisite for this class, you should already have some or all of these materials.

Suppliers: Dick Blick, Jerry's Artarama (online and Blick has a store in Manhattan). Thompsons Art Supply in White Plains.

Watercolor Paint

Students are free to use the paints they already have **providing they are of a professional/high quality grade**. Recommended brands include Winsor & Newton, M Graham, Holbein, Daniel Smith. You are welcome to bring all your paints and I can help you choose your palette.

But the essential colors will be the six colors of the basic color wheel being:

- “Red shade” Blue – ie Ultramarine, French Ultramarine, Winsor Blue Red Shade
- “Green shade” Blue – ie, Prussion Blue, Winsor Blue Green Shade
- “Green shade” Yellow – ie Aureolin Yellow, Lemon Yellow
- “Orange shade” Yellow – ie, Gamboge, Indian Yellow, Quinacridone Gold
- “Violet shade” Red – ie, Alizarin Crimson, Permanent Rose
- “Orange shade” Red – ie. Napthal Red, Quinacridone Red, Scarlett Lake



The color wheel above helps you visualize the warm and cool versions of the primary colors.

Please note If you already have Cadmium red, orange, yellows then you can bring those paints. However, Cadmium is a toxic substance, so paint manufacturers are phasing them out. Please refer to the list of paint names above for suggestions for Cadmium-free paints.

If you have other reds, blues and yellows and are not sure whether they are suitable or warm or cool shades then please email me to the address above or bring them along and we can decide which ones to use.

If you have more paints, you may also bring;

- A ready mixed green such as Sap Green.
- Other colors may also be useful are Violet, Purple, Magenta, Ochre.

Paper

Bring paper you already have or use, but again, for best results, it should be a professional grade and **must be Hot Press** (very smooth ie, no visible grain). Good brands include Arches Hot Press, Strathmore, Legion Hot Press, Stonehenge Aqua, Bristol Vellum. You can use 140lb paper but a lot of washes may cause slight buckling. 300lb paper will guarantee your painting will stay flat but is optional. 300lb paper is typically sold in large sheets as opposed to a pad, so you then cut it to down to a size you need.tu

Choosing the right paper can be confusing. Please email me if you are unsure of what you need to buy or of what brand is suitable.

Tracing Paper (Optional)

The best tracing paper is Canson Foundation Tracing Paper. This is for transferring your drawing of the artichoke to your watercolor paper. I can provide Canson tracing paper for the class if you don't have your own.

Brushes

Bring the brushes you used in Watercolor 1. Winsor Newton and Raphael Kolinsky are beautiful sable brushes and the best for watercolor. But an acrylic brush with a good, strong, flexible point should be fine. Botanical watercolor typically requires small brushes so **sizes 4, 2, and 1** will suffice for the class (the sizes are usually standard across different brands of brush).

Pencils (B, HB, 2H), whatever pencils you typically use, but you will need a softer pencil (B) for transferring the image from tracing paper to your good paper.

Palette for mixing – with at least 6 little wells

The following items you can bring in, but I can also provide for the class:

Small container for water

Paper Towel

eraser and sharpener