

Sustainable Floral Design Techniques

Flowers & Plant Materials

You will need to purchase **fresh flowers for each of the three sessions**.

You may purchase a **pre-made bouquet** or select your own flowers to design with. Fresh flowers can be purchased at:

- Trader Joe's
- Whole Foods
- The Green Grocer
- Your local flower shop

In addition to flowers, please purchase a **bunch of foliage**. Foliage adds texture, movement, and visual interest to your designs.

If you are able to **forage**, adding flowers, foliage, berries, or grasses from your garden is a wonderful way to incorporate natural and sustainable materials.

For each session, plan to have approximately 25–30 stems of plant material.

Tools

- Floral clippers
- Floral knife, if you have one
- Wire cutters

Session 1 • Course Sand

Materials

High-Gloss Colored Sand for Crafts

- Approximately **3 lb. jar**
- Suggested color: **“Colorful Rainbow”**
- Available from Amazon; approximately **\$11.99**

Suggested Vase

- Glass cube: **4" × 4" × 4"**

- Or glass cube: 5" × 5" × 5"
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Session 2 • Aluminum Wire

Materials

10-gauge aluminum wire

- Approximately **8foot roll**
- Available in a variety of colors
- Amazon has a good selection
- Estimated cost: **\$9.69**

Suggested Vase

Low vase:

- Glass cube or round vase
- Approximately 4" × 4" × 4"

or a Tall vase:

- Height: **8"–10"**
 - Opening: approximately 3"–4"
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Session 3 • Branches

Materials

Fresh curly willow branches

- Approximately **4 long branches**
- Branches should be **fresh and pliable enough to bend without breaking**

Curly willow can sometimes be found at grocery stores such as Trader Joe's. You can also **pre-order it from your local flower shop**. Be sure to ask for **fresh, bendable branches**.

Branches may also be harvested from your garden, if available.

Suggested Vase

Long, low rectangular vase:

- Length: **8", 10", or 12"**
- Width: **3"–4"**
- Height: approximately **4"**

Taller vase:

- Height: **6", 8", or 10"**
- Opening: approximately **3"–4"**