

NYBG

MATERIALS LIST FOR FLOWER ARRANGING AT HOME WITH NSOMBI WOODSON

FLOWERS

- You can purchase mixed bouquets of any type of flowers from the grocery store (like a Trader Joe's or Whole Foods), corner bodega, or local green grocer.
- You can also use flowers from your garden if you have one.
- Try to collect around 30 stems of a mixed variety of flowers. This holds for flowers with heads the size of say roses.
- Please don't forget foliage. Interesting greenery can take any arrangement to the next level.
 - Check the market for tall herbs like mint, basil or dill
 - This could be a great opportunity to do some foraging!! I'm using grasses I found along my bike path and clippings from the many trees and bushes in my neighborhood!! Ask if they are on someone else's property, of course!
- To keep flowers fresh, try this recipe: 1 Gallon water, 4 TABLESPOONS Lemon juice, 4 TABLESPOONS Sugar, 4 TEASPOONS Bleach. Give your flowers a fresh cut and put them in this solution to drink for at least 6 hours before class. Save some of the solution for your vase too!

OTHER SUPPLIES

I'll be working with a container around 5-6 inches high with a mouth opening of 5-6 inches wide. If you have something larger you'd like to work with, just adjust the amount of flowers and foliage you collect. Feel free to be creative! Vases, flower pots, bowls, gravy boats – anything that holds water – will work!

- Have on hand a pair of scissors or pruners.
- Have on hand some clear scotch tape.