

# NYBG

## Materials List for Herbal Chocolates December 13, 2023

### **For the Chocolate**

Cacao – 8-10 ounces  
Cocoa butter – 8-10 ounces  
Sea salt – a pinch  
Honey or Maple Syrup

### **Powdered Herbs**

Available at: Flower Power, online at Jean's Greens: [Herb List from Jean's Greens Herbal Tea Works & Herbal Essentials \(jeansgreens.com\)](https://jeansgreens.com)

If you want to work with Rose, you will probably need to powder the herbs yourself which you can do in a herb grinder or coffee grinder.

Rose or Lavender  
Cayenne  
Ginger  
Cinnamon  
Clove

### **Other Supplies Needed**

Silicone Chocolate molds – example: [Amazon.com: 4 Pack Flower Shape Silicone Molds Chocolate Candy Mold, DanziX Silicone Mold for Wedding, Festival, Parties, DIY Enthusiasts-15 Cavity : Home & Kitchen](https://www.amazon.com/dp/B078888888)

Double boiler or 2 small saucepans  
Bowl for mixing herbs and chocolate  
Measuring cups  
Wax paper  
Spoons