

2021 Great River Symposium - Agenda

Updated: 1/12/2021

Time	Topic	Speaker	Hours
Thursday, April 8, 2021			
5:45 - 6:00 p.m.	Welcome/Introduction from NWHSU		
6 pm - 10 pm	1 Vibrational Acupuncture™: Integrating Tuning Forks with Needles This innovative modality, introduced in the presenters' ground-breaking new book of the same name (Vibrational Acupuncture™; Singing Dragon UK, March 2020), uses Acutonics precision calibrated tuning forks in conjunction with acupuncture needling on the points and meridians of the body. The synergy of sound and acupuncture is relaxing, clinically effective, and useful for treating needle-phobic patients and those suffering from PTSD and abuse.	Mary Elizabeth Wakefield. L.Ac., MS, MM, Dipl. NCCAOM	4.00
TOTAL HOURS FOR DAY			4.00
Friday, April 9, 2021			
7:45 am - 8:00 am	Welcome/Introduction from NWHSU		
8:00 - 8:50 a.m.	2 The 8 Brocades Qi Gong –The ordinary is extraordinary In this 50 minute practice session participants will be guided through simple mind-body breath exercise known as the “8 brocades qi gong” or “ba duan jin.” This ancient and gentle form of self-healing is as practical today as it was 1,000 years ago. It is an extremely useful method for promoting self-healing and the ability to become more present in our everyday lives. If you can breathe-you can practice qi gong. Please wear comfortable loose fitting clothing. No experience needed.	Michael Egan, L.Ac, Dipl. OM, MaOM	1.00
9:00 - 10:30 a.m.	3 Keynote: Energy Medicine: The Science and Mystery of Healing In Energy Medicine, Jill invites us on her global journey to better understand, apply, and explain this powerful healing force. Moving from her own clinic to the halls of academia, she talks to top healers, researchers, and practitioners—from the Stanford and Princeton professors researching the physics behind energy medicine and healing; to a Chinese Qi Gong master who manifests healing herbs directly from her palm; to a team of skeptical scientists who use “hands on” healing to repeatedly cure mammary cancer in mice. She also tells the story of how she discovered energy medicine and became one of the most sought-after healers in the world.	Jill Blakeway, L.Ac, DACM	1.50
10:30 am-11am	Break and Visit Virtual Exhibit Hall		
11 a.m. - 1 p.m.	4 Practice Like You Play: A Field Guide to Working with Professional Athletes What does it take to work with professional athletes in an integrated rehab setting? What role does acupuncture play in this industry? Learn from an acupuncturist who spends her days working with the Minnesota Vikings about the challenges, opportunities, and the journey of professional sports acupuncture.	Hilary Patzer, L.Ac, DOM	2.00
1:00 - 2:00 p.m.	Lunch break and Visit Virtual Exhibit Hall		
2 pm - 4 pm	5 Choice 1: Ethical Considerations for the Treatment of Trauma Survivors (2 ethics hours) This workshop explores important ethical principles for working with trauma survivors. It presents a foundation for understanding the physiological, psycho-emotional and energetic dynamics of trauma from an integrative perspective of neuro-biology and the Five Elements of Acupuncture and Asian Medicine. This foundation serves as a departure point for exploring critical choices a practitioner must make to provide ethical treatment for trauma survivors. With this awareness, practitioners can make situationally appropriate choices with respect to: patient consent, respecting rights and dignity, clinical privacy, appropriate boundaries, scope of practice and other areas.	Alane Duncan, M.Ac., Dipl.Ac	2.00
	6 Choice 2: Classical Chinese Herbal Medicine (Part 1 of 2) What does it mean to practice Chinese herbal medicine? More importantly, what are the benefits of practicing with this perspective? The classic texts, The Neijing (The Inner Classic) and the Shang Han Lun, (Treatise on Damage from Cold) represent the root texts of our tradition. They are written from a mindset that is very different than our modern one, to the point that they are almost written in code. For many, these texts are quite inaccessible. However, when you are able to shift your mind and point of view, the texts reveal themselves to you in all their profound importance. In this course, we will learn to make this shift so that the classic formulas of the Shang Han Lun become relevant and clear to us. Sharon will demonstrate through cases from her own practice how effective this perspective is for serious illnesses we could not begin to understand with basic TCM knowledge.	Sharon Weizenbaum, L.Ac, Dipl. CH	
	7 Choice 3: Understanding Chronic Lyme, a TCM Perspective Chronic Lyme Disease is a complex polymicrobial condition affecting more than 300,000 people annually in the United States alone. While the pathomechanisms of chronic Lyme are well understood and documented by biomedical science, the acceptance of the condition remains controversial by public health authorities, diagnosis remains elusive for many patients, and treatments by literate medical providers are risky and largely unsupported by evidence. In this 2-hour course, Brehan Crawford MAcOM will unpack chronic Lyme for Chinese Medical professionals, giving attendees an understanding of how the disease is contracted, how it spreads through the body affecting the 5 zang and 6 fu, and basics of treatment principles using Chinese herbal medicine.	Brehan Crawford, MAcOM	

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4:00-4:30 pm		Break and Visit Virtual Exhibit Hall		
4:30 pm - 6:30 pm		Choice 1: Ethical Considerations for the Treatment of Trauma Survivors (2 ethics hours) - see description above	Alane Duncan, M.Ac., Dipl.Ac	2.00
		Choice 2: Classical Chinese Herbal Medicine (Part 2 of 2) - see description above	Sharon Weizenbaum, L.Ac, Dipl. CH	
		Choice 3: Understanding Chronic Lyme, a TCM Perspective - see description above	Brehan Crawford, MAcOM	
		TOTAL HOURS FOR DAY		8.50
Saturday, April 10, 2021				
7:45 am - 8:00 am		Welcome/Introduction from NWHSU		
8 am - 9 am	8	Anatomical Dissection and Clinical Application This course experience uses human cadaveric dissection. The video relay of dissection and laboratory breakout will allow participants to review anatomy and landmarks of acupuncture points relevant to an integrative approach to care for common conditions affecting Western populations and aging populations. Conditions affecting the vertebral column, cardiopulmonary systems and abdominal viscera will be reviewed. No video recording or photography is allowed during the dissection or laboratory breakout groups.	David Farrar, DC, MPH	1.00
9 am - 10 am	9	Is it You, Me, or Are We Dry Needling? This presentation will go over what exactly is currently being considered dry needling and what acupuncturists can and should do about it. What exactly is the difference between dry needling and acupuncture? Is there a difference? How can we compete with physical therapists that now wield the needle?	Lindsay Long, L.Ac, C.SMA	1.00
10am-10:30am		Break and Visit Virtual Exhibit Hall		
10:30am-12:30pm	10	Choice 1: Advanced Clinical Acupuncture for Treating Headaches Headaches are one of the most common conditions that we, as acupuncturists, treat. They are often the result of variable diseases that can be difficult to target and thereby treat effectively. In this presentation, we will look at the following aspects of recognizing and treating headaches, both common and acute: 1. Differentiate the various types of headache; 2. Analyze the TCM syndrome as well as the modern medicine diagnosis; 3. Describe in detail different treatment points as well as the use of tui na and cupping; 4. Demonstrate various needling techniques, cupping and tui na. At the end of this presentation, practitioners should have a better understanding of treatment strategies for headaches and be able to apply practically this knowledge and the techniques demonstrated in their clinical practices.	Huan Ma, TCMD,Ph.D, L.Ac	2.00
	11	Choice 2: The Vulnerable Patient: Mandated Reporting (2 Safety Hours) This course fulfills the 2-hour safety CE guidelines for NCCAOM. We will discuss the definitions of the "vulnerable patient", provide examples of cases of patients considered to be vulnerable. Illustrate the effects of clinical care and patient outcomes for the vulnerable patient. We will discuss the practical considerations a practitioner must address when treating persons who are vulnerable. A discussion will ensue on strategies to address the impact to the practitioner including psychological as well as the potential economic impact. Included in the discussion of vulnerable patients is the definition of mandated reporting. Who is to be reported and how does a practitioner make a report.	Barbara Gosse, MSOM, LAc	
	12	Choice 3: The Future FACE of Social Media Marketing My kids tell me that they are NOT on Facebook, because I am on it. The younger generation tends to be more on Snapchat and Instagram. If you want to market to as many generations as possible, it is important to understand how to use them. In this course, I will help guide you to help with some of the social media platforms that you might not think would be effective in marketing. BONUS: All students will receive over 500 TCM photos to help you market your current or future practice.	Ryan Hoyme, LMT	
12:30 pm - 2:00 pm		Lunch Break & Alumni Annual Board Meeting & Visit Virtual Exhibit Hall		
2:00 p.m. - 4:00 p.m.	13	Traditional Oriental Medicine for Addictions: The 3 Principles of Alchemist Recovery Traditional Oriental Medicine has much to offer in the treatment of addiction. I know this for two reasons. First, because I myself have used it to stay clean and sober for the last 25 years, and second, because I've successfully treated thousands of people from all walks of life, with all forms of addiction and in all kinds of settings. It works. Although, I found there was something missing: clear models that bridge our ancient medicine to this modern dilemma. This course does exactly this. It introduces ways for you to treat your clients, collaborate with other medical and mental health professionals and bring tools immediately into practice.	Randal Lyons, AP, DOM, LAc	2.00
4 p.m. - 4:30 p.m.		Break and Visit Virtual Exhibit Hall		
4:30 p.m. - 6:00 p.m.	14	Federal Medicine and Pain Management: An Opportunity for Acupuncture The relationship between poorly managed pain, opioid use disorder, and poor rehabilitation and recovery in combat casualties was recognized early during the last 18 years of conflict. In response, the military commissioned the Pain Management Task Force in 2009 to review the status of military pain management and make recommendations for improvements in pain care to enhance recovery and reduce dependence on opioid therapy. Integrative health modalities, like acupuncture, were determined to be effective, evidence-based, non-pharmacologic options for pain management but were underutilized. In this discussion, federal medicine efforts to establish acupuncture as a pain treatment option and the challenges associated with this goal will be outlined.	Chester "Trip" Buckenmaier, III	1.50
		Total Hours for Day		7.50
		Conference Total with Qigong		20.00