



Tobacco Treatment Specialist Training Course Syllabus – Spring 2026

Course Overview

This course will give providers the motivation, knowledge, and skills to integrate tobacco treatment into their current practices, and to become tobacco prevention and treatment advocates at the regional and state level.

The KU Tobacco Treatment Specialist (KU TTS) training is an online training that will require approximately 14-18 hours to complete and conclude with 8 hours of synchronous, virtual, skills training.

Course Material Requirements

A computer with a camera and microphone along with internet connection is required to complete the course.

Minimum Canvas Computer Requirements

Computer Age: 5 years old or newer is recommended for best results

Operating System: Any OS that supports current web browsers (Windows 10/11, latest macOS, etc.)

Processor: 2GHz or faster (e.g., Intel Core Duo or equivalent)

RAM: 1-4GB (4GB is better for video)

Internet: At least 512kbps (faster is better for video)

Screen Resolution: 1024x600 or higher

Recommended Canvas Computer Accessories & Software

Web Browser: Latest versions of Chrome, Firefox, Edge, or Safari (check your institution for specific support)

Audio/Video: Webcam, microphone, headphones/speakers for interactive sessions

Software: Enable JavaScript & cookies in your browser; Microsoft 365 (Word, Excel, PowerPoint) is often needed for assignments

Course Information Assistance

For KU TTS course content questions and assistance contact:

MeLinda Lair

Program Manager

Office number: (913)-945-7888,

Cell number: (620)-687-1038

mlair@kumc.edu



For course technical support, coaching for Canvas and other teaching and learning technology tools, contact:
KU IT Educational Technologists

785-864-8080

ithelpdesk@ku.edu

Cancellation, Refund and Drop Policy

For Self-pay individuals who withdraw on or before the course start date: If a self-pay individual withdraws from the course prior to the start date, a full refund of registration fees, less a \$30 administrative fee, will be approved if requested in writing at jayhawkglobal@ku.edu.

For Scholarship recipients who withdraw on or before the course start date: If a scholarship recipient withdraws from the course prior to the course start date, the student must contact jayhawkglobal@ku.edu and pay the \$30 administrative fee.

The student can reapply for a future course, but a spot and scholarship will not be guaranteed.

ALL students who have not begun the course after 14 days from course commencement will be automatically dropped from the course.

After 14 days from course commencement, all Self-pay recipients who drop the course will not receive a refund. **After 14 days from course commencement, all Scholarship recipients** who drop the course must pay the \$30 administrative fee. The student can reapply to a future course, but a scholarship will not be granted.

Course Grading Overview

You must obtain a 100% score on each module quiz to advance to the next module. To advance to the next section, you must obtain a score of 75% or greater on each section exam.

Section 5 does not have quizzes at the end of modules. Instead, you must complete computer drawn or handwritten assignments and upload them to advance to the next module. All module quizzes, section exams and assignments will consist of multiple-choice and/or short answer questions. There are no penalties or rewards for completing each section prior to the suggested timeline.

To successfully meet graduation requirements, you must:

- Attend the **MANDATORY**, virtual Skills Building Day (8:30 am – 5:00 pm)
- Complete an evaluation
- Score a 75% or greater on your open-book final that covers material from the entire course.

*****If you do not score a 75% or greater on your final exam; you must participate in a one-hour exam review prior to the remediation deadline to meet graduation requirements of the course.***



Graduation Requirements

Completion of the TTS pre and posttests: one attempt each but not part of final grade.

Module quizzes: Must pass with 100%; you have unlimited attempts to achieve a 100%.

Section exams: Must pass with 75%; you have unlimited attempts to achieve a 75% or greater.

Skills Building Day: Mandatory participation; virtual, 8:30 am – 5:00 pm (CST).

Course Evaluation: Mandatory must be completed by 5:30 pm (CST) on Skills Building Day.

Final open book exam: Must pass with 75%; you only have one attempt to score 75%.

Remediation: If you do not score at least 75% on your final exam, you must schedule an hour's review before the remediation deadline. Once you have graduated from the course, you will be added to KU Tobacco Treatment Providers Directory.

Important Course Dates

Orientation Day: Monday, February 9, 2026; 9:00 – 10:00 am (CST)

Course Drop Date: Monday, February 23, 2026; Student must begin the course on or before this date or you will be dropped

MANDATORY Skills Building Day: Monday, April 27, 2026; 8:30 am – 5:00 pm (CST)

Open-book Exam Due: Monday, May 4, 2026; 11:59 pm (CST)

Remediation Deadline: Friday, June 5, 2026; 4:30 pm (CST)

Learning Outcomes/Objectives

By the end of the program the learner will be able to:

- Provide clear and accurate information about tobacco use, strategies for quitting, the scope of health impact on the population, and the causes and consequences of tobacco use.
- Demonstrate effective application of counseling theories and strategies to establish a collaborative relationship, and to facilitate client involvement in treatment and commitment to change.
- Conduct an assessment interview to obtain comprehensive and accurate data needed for treatment planning.
- Demonstrate the ability to develop an individualized treatment plan using evidence-based treatment strategy.
- Provide clear and accurate information about pharmacotherapy options available and their therapeutic uses.
- Offer methods to reduce relapses and provide ongoing support for tobacco-dependent people.
- Demonstrate competence in working with population subgroups and those who have specific health issues.
- Describe and use methods for tracking individual progress, record keeping, program documentation, and outcome measurement and reporting.
- Consistently use a code of ethics and adhere to government regulations specific to health care or worksite setting.
- Assume responsibility for continued professional development and contributing to the development of others.



Course Instructors

Babalola Faseru, MD, MPH, CPH, CPAHA, FSRNT - Director, KU Tobacco Treatment Education Program, Population Health, Professor, KU School of Medicine, Department of Population Health

Edward Ellerbeck, MD, MPH - Professor, KU School of Medicine, Department of Population Health

Tresza Hutcheson, PhD, MA, NCNTT - Research Assistant Professor, KU School of Medicine, Department of Population Health

Kimber P. Richter, PhD, MPH, NCTTP – Professor Emerita, KU School of Medicine, Department of Population Health

Genevieve Casey, MA, NCTTP - Senior Research Associate, KU School of Medicine, Department of Population Health

Taneisha Scheuermann, PhD – Associate Professor, KU School of Medicine, Department of Population Health

Eleanor Leavens, PhD – Assistant Professor, KU School of Medicine, Department of Population Health

Skills Building Day Facilitators

Genevieve Casey, MA, NCTTP

Erica Cruvinel, PhD, MA, NCTTP

Babalola Faseru, MD, MPH

Olivia Funk, MPH, TTS

Brian Hernandez, TTS

Tresza Hutcheson, PhD, MA, NCNTT

Eleanor Leavens, PhD

Leo Leonard, TTS

Nathalia Machado, PhD

Laura McCulloch, MPH, TTS

Kimber Richter, PhD, MA, NCTTP

Taneisha Scheuermann, PhD

Archana Sundar, TTS

2026 Spring TTS Course Timeline**

***This is a suggested timeline so that you complete the course in time to participate in Skills Building Day.*

Week 0/Orientation Week

Course begins Monday, February 9, 2026

Virtual Orientation: 9:00 - 10:00 am (CST) – Zoom appointment will be sent prior to this date

Review the contents of “Start Here” Folder (syllabus and instructor bios)

Week 1/Section I

Starts Monday, February 16, 2026

Tobacco Use and Dependence Education

Introduction Discussion

1.1 History of Tobacco (22:00 minutes)

1.2 Prevalence of Tobacco Use (6:29 minutes)

1.3 Health Impacts of Tobacco Use (28:24 minutes)

1.4 Nature of Dependence (34:47 minutes)



1.5 Vaping and Use of Electronic Nicotine Delivery Systems

Part I (18:02 minutes)

Part II (21:21 minutes)

1.6 Tobacco Treatment Overview (18:31 minutes)

Exam: Section I

Week 2/Section II

Starts Monday, February 23, 2026

Pharmacotherapy for Tobacco Dependence

2.1 Pharmacotherapy Overview (13:58 minutes)

2.2 Nicotine replacement

Part I (26:52 minutes)

Part II (30:30 minutes)

2.3 Non-Nicotine Medications (26:16 minutes)

2.4 Combination Pharmacotherapy (9:27 minutes)

2.5 Second-line, Alternative Treatments, and Promising Practices (8:51 minutes)

2.6 Pharmacotherapy: Putting It All Together (27:41 minutes)

Exam: Section II

Week 3/Section III

Starts Monday, March 2, 2026

Counseling and Behavioral Support for Tobacco Dependence

3.1 Therapeutic and Theoretical Models of Behavior Change

Part I (26:45 minutes)

Part II (27:08 minutes)

3.2 Building Counseling Skills: Addressing Ambivalence & Increasing Motivation

Part I (37:37 minutes)

Part II (32:39 minutes)

3.3 Building Skills for Quitting Tobacco

Part I (13:05 minutes)

Part I Continued (17:10 minutes)

Part II (28:46 minutes)

3.4 Relapse Prevention

Part I (20:44 minutes)

Part II (19:00 minutes)

3.5 Quitlines, Texting, and Other Behavioral Support

Part I (28:50 minutes)

Part II (33:22 minutes)



3.6 Alternative Treatments for Tobacco (16:24 minutes)

3.7 Treatment for Vaping, Smokeless, and Other Tobacco Products (20:58 minutes)

Exam: Section III

Week 4/Section IV

Starts Monday, March 9, 2026

Tobacco Treatment in Special Populations

4.0 Introduction to Tobacco Treatment in Special Populations (13:20 minutes)

4.1 Behavioral Health (32:35 minutes)

4.2 Healthcare- Special Populations

Part I (24:37 minutes)

Part II (13:34 minutes)

4.3 Ethnic and Cultural Considerations (13:29 minutes)

4.4 Other Considerations (20:09 minutes)

4.5 Tobacco Use Among Older Adults (7:27 minutes)

4.6 Pregnancy and Effects on Children (23:41 minutes)

4.7 Tobacco Use and Vaping Among Youth (28:48 minutes)

4.8 Vaping Cessation in a School Setting (15:19 minutes)

Exam: Section IV

Week 5/ Section V

Starts Monday, March 16, 2026

Tobacco Treatment in Practice

5.0 Introduction to Tobacco Treatment in Practice (8:32 minutes)

5.1 Identifying Tobacco Users (29:42 minutes)

5.2 Intake Assessments (22:57 minutes)

5.3 Treatment Planning

Part I (22:23 minutes)

Part II (5:33)

Part III (17:42 minutes)

5.4 Providing Follow-up

Part I (17:09 minutes)

Part I Continued (13:33 minutes)

Part II (18:29 minutes)

5.5 Documentation, Evaluation, and Organizational Change (27:13 minutes)

5.6 Structuring your Practice (16:20 minutes)



Week 6/Section VI

Starts Monday, March 23, 2026

Professional Development and Ethics

6.1 Accessing Tools and Resources (34:59 minutes)

6.2 Ethical Codes (13:23 minutes)

6.3 Billing for Tobacco Treatment (16:26 minutes)

6.4 Pathways to National Certification (7:48 minutes)

6.5 Advocacy for Organizational and Community Change (16:19 minutes)

6.6 Training Others (8:45 minutes)

Exam: Section VI

If you have followed the timeline above, you will have all 6 sections, including modules and exams completed by Monday, March 30, 2026.

Prep for Skills Building Day (Resources in Skills Building Day Folder)- *Monday, March 30 – Friday, April 24, 2026*

All course work MUST be completed to receive the Zoom link for participation in Skills Building Day.

MANDATORY, Virtual Skills Building Day – *Monday, April 27, 2026; 8:30 am – 5:00 pm (CST)*

Course Evaluation Due – *Monday, April 27, 2026; 5:30 pm (CST)*

Tobacco Treatment Specialist Posttest – *Tuesday, April 28, 2026; 5:00 pm*

Final Exam Opens – *Monday, April 27, 2026; 5:30 pm (CST)*

Final Exam Due – *Monday, May 4, 2026; 11:59 pm (CST)*

Remediation Exam retake deadline (those who don't score 75% on first attempt) *Friday, June 5, 2026; 4:30 pm (CST)*

Continuing Education Credit Information



In support of improving patient care, University of Kansas Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide education for the healthcare team.

Physician: AMA PRA Category 1 Credit

The University of Kansas Medical Center designates this live activity for a maximum of 23 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC Contact Hours (APRN/RN)

The University of Kansas Medical Center designates this activity for a maximum of 23 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

**Pharmacy: ACPE**

The University of Kansas Medical Center designates this educational activity for a maximum of 23 ACPE knowledge-based contact hours. Participants should claim only the credit commensurate with the extent of their participation in the activity. ACPE UAN Number: JA0000311-0000-24-024-L01-P

Dental: ADA

The University of Kansas Medical Center is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

The University of Kansas Medical Center designates this activity for 23 continuing education credits.

Concerns or complaints about a CE provider may be directed to the provider, or to the Commission for Continuing Education Provider Recognition at CCEPR.ADA.org.

Psychology:

The University of Kansas Medical Center designates this live activity for a maximum of 23 APA Continuing Education Credit(s). Psychologists should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Social Work:

The University of Kansas Medical Center Area Health Education Center East, as an approved provider of continuing education by the Kansas Behavioral Sciences Regulatory Board presents this offering for a maximum of 23 hours credit applicable for relicensure of LASWs, LBSWs, LMSWs, and LSCSWs. Kansas Provider Number 12-002. Karen Aufdemberge, RN, BSN, Coordinator.

KSBN: LPN

The University of Kansas Medical Center Area Health Education Center East is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 23 contact hours applicable for LPN relicensure. Kansas State Board of Nursing Provider Number: LT0056-0749. Karen Aufdemberge, RN, BSN, Coordinator.

****All other participants will receive a certificate of attendance***



Participation requirements for Continuing Education

To receive continuing education credit or a certificate of attendance participants must fulfill all course requirements including completion of online modules, attendance at a one-day training, and completion of a program evaluation. After all requirements are met, participants will receive instructions regarding completion of documentation and obtaining certificate(s).

Disclosure of Financial Relationships

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) the University of Kansas Medical Center Continuing Education & Professional Development must ensure that the health and well-being of the public is more important than any economic interest, and that activity content is effective in improving practice, independent of commercial interests, and based on valid content. Individuals with control over the content of this activity are required to disclose any financial relationships within the past 24 months with any ineligible entities producing, marketing, re-selling, or distributing healthcare goods or services (with the exemption of non-profit or governmental organizations and non-healthcare related companies). Financial relationships may include employment, management position, independent contractors (including contracted research), consulting, speaking, and teaching, membership on advisory committees or review panels, board membership, etc. The intent of this disclosure is not to prevent an individual with a financial relationship from being a planning committee member, a presenter, or an author of CME having control of, or responsibility for, the development, management, presentation, or evaluation of the CME activity, but rather to assist the provider in the identification and mitigation of conflict of interest prior to the activity and to provide the learners with the information they need to determine whether these interests or relationships influenced the content of the activity.

Course Disclosures

The following presenters/moderators/panelists report no relationships of a financial, professional or personal nature with ineligible companies over the past 24 months: Babalola Faseru, MD; Edward Ellerbeck, MD; Kimber Richter, PhD; Tresza Hutcheson, PhD; Genevieve Casey, MA; Taneisha Scheuermann, PhD; Erica Cruvinel, PhD; Olivia Funk, MPH; Brian Hernandez, TTS; Eleanor Leavens, PhD; Leo Leonard, TTS; Laura McCulloch, MPH; Archana Sundar, TTS

The following presenters/moderators/panelists have disclosed a financial relationship with one or more ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients over the past 24 months: None

The following planning committee members report no relationships of a financial, professional or personal nature with ineligible companies over the past 24 months: Babalola Faseru, MD; Kimber Richter, PhD; Valeriya Hunter, DDS; Kimber Richter, PhD; Tresza Hutcheson, PhD; MeLinda Lair, BA; Jacob Teats, MS; Karen Aufdemberge, RN, BSN



The following planning committee members have disclosed a financial relationship with one or more ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients over the past 24 months: Amanda Applegate, PharmD; Sunflower Health Plan, Advisory Committee Member

All financial relationships have been mitigated

Mitigation of Financial Interests

A conflict of interest, or a potential for bias, exists if an individual/entity in a position to benefit financially from the success of a continuing education activity is also in a position to influence its content, design, or implementation. For this continuing education activity, disclosed financial relationships were mitigated prior to this event using the following mechanisms:

- Financial relationships were disclosed and mitigated prior to everyone's participation in the planning, development, and implementation of this activity.
- Prior to participating in this activity, everyone in a position to influence its content, design or implementation received our terms and conditions regarding conflict-of-interest expectations and they agreed to comply.
- Speakers were selected based upon a review of their qualifications and an assessment of their ability to present the best available evidence accepted in health care practice.
- Clinical content was validated by a review of the activity for fair balance and bias, appropriate patient treatment recommendations, and whether scientific studies cited in the activity conform to standards accepted by the scientific community.
- Oversight will be maintained by monitoring the planning, development, and implementation of this continuing education activity.
- Disclosure of relevant financial relationships will be provided to the participants prior to the activity.
- Participants will evaluate the activity's success in mitigating conflict of interest and providing an activity free of bias.

Product Disclosures

Unless otherwise announced this activity does not include any information about off-label use of a product for a purpose other than that for which it was approved by the Food and Drug Administration (FDA).

Funding Information

Funding for this course was provided by grants from: Kansas Health Foundation, Kansas Department for Aging and Disability Services, Kansas Department of Health and Environment – Bureau of Health Promotion, Kansas Department of Health and Environment – Office of Primary Care and Rural Health, Kansas Department of Health and Environment – JUUL Settlement and Shawnee Mission School District- JUUL Settlement and the Wichita Medical Research and Education Foundation.



Nondiscrimination Statement

The University of Kansas is an equal opportunity/affirmative action institution.

Director of the Office of Institutional Opportunity and Access- IOA@ku.edu

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