

## ART-903: Building Self-Esteem Through Elementary Art

### Independent Study Online Course Syllabus

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**Website:** [www.ArtForElementaryTeachers.com](http://www.ArtForElementaryTeachers.com)

**Number of Graduate Semester Units:** 3 units

**Target Audience:** K - 8<sup>th</sup> teachers

**Course Access:** <https://connect.fresno.edu>

### Course Description

The art experiences in Building Self-Esteem Through Elementary Art have been specifically designed to assist students in developing a concrete realization of their own uniqueness and worth, as well as their important contribution to the whole. Filled with thoughtful, meaningful art experiences designed to support the National Visual Arts Standards, Building Self-Esteem Through Elementary Art focuses on some of the following: helping students develop their own creative skills; helping students learn to appreciate the artistic work and efforts of others; and helping students recognize the worth and importance of their own ideas, feelings, and contributions to the group.

Designed to build confidence in the K-8 teacher with little or no previous art training or background in art education, this unique art course requires no “artistic talent” or “skill”. Building Self-Esteem can serve as a first-time exposure to art education, or it can serve as a continuum in a teacher’s elementary art training. (It’s worth noting that teachers who do possess a significant background in art and art education will find this course to be of value as well.) This course uses commonly available materials in unusual ways, and presents each experience in a simple, step-by-step format that guarantees enjoyment, learning, and success. What’s more, each of these classroom-ready lessons have been written in such a way that will make presenting them to one’s students at a later date effortless. Included in each of the art experiences presented in this course, is a list of materials to be used, lesson objectives/learning outcomes, and suggestions for motivation and procedure. In addition to emphasizing critical thinking and higher order questioning and reflection, this course also includes numerous suggestions for a wide variety of curriculum connections and lesson integration.

Students of this course will enjoy virtually unlimited access to the instructor, and will receive specific, individualized feedback in writing on each experience submitted in order to track their own progress through the course.

**Note:** Required course material is included in your course fees and will be delivered after enrolling.

## Required Texts and Course Materials

**Course Materials:** Building Self-Esteem Through Elementary Art, originally written and developed by Ralph Gomas, and now revised by Jill Gomas Faison, is the course book. This book contains not only a brief overview of art education and philosophy, but also in-depth instructions for both completing and presenting each of the 20 featured art experiences. An evaluation form for the student's written reflections is also included. A variety of materials commonly found in the K-8 classroom will also be needed to complete the 20 experiences.

**Canvas:** This course will be delivered totally online. Canvas is a web-based learning management system (LMS) that provides students access to online resources, documents, videos, assignments, quizzes, forums, etc. Canvas is easy to learn and has a user-friendly interface.

**Online Resources:** Relevant online resources that support the course content and encourage further investigation will be available throughout the course assignments. Active hyperlinks are utilized throughout the course and will link to the appropriate information when clicked. These include videos, podcasts, worksheets, online activities, journal articles and other resources.

## Course Dates

Self-paced; students may enroll at any time and take up to one year, from the date of registration, to complete assignments. Students may complete assignments in no less than three weeks for a 3-unit course (one week per unit).

## National Standards Addressed in This Course

### National Board for Professional Teaching Standards (NBPTS)

(<http://www.nbpts.org/standards-five-core-propositions/>)

First published in 1989 and updated in 2016, [\*What Teachers Should Know and Be Able to Do\*](#) articulates the National Board's Five Core Propositions for teaching. The Five Core Propositions - comparable to medicine's Hippocratic Oath — set forth the profession's vision for accomplished teaching. Together, the propositions form the basis of all National Board Standards and the foundation for National Board Certification. Course assignments have been designed so students can demonstrate excellence against these professional teaching standards whenever possible.

- Proposition 1: Teachers are committed to students and their learning
- Proposition 2: Teachers know the subject they teach and how to teach those subjects to students
- Proposition 3: Teachers are responsible for managing and monitoring student learning
- Proposition 4: Teachers think systematically about their practice and learn from experience
- Proposition 5: Teachers are members of learning communities

### National Arts Visional Standards- (<https://www.arteducators.org/learn-tools/national-visual-arts-standards>)

- Content Standard 1- Understanding and applying media, techniques, and processes
- Content Standard 2- Using knowledge of structures and functions
- Content Standard 3- Choosing and evaluating a range of subject matter, symbols, and ideas

- Content Standard 4- Understanding the visual arts in relation to history and cultures
- Content Standard 5- Reflecting upon and assessing the characteristics and merits of one's own work and the work of others
- Content Standard 6- Making connections between visual arts and other disciplines.

### Continuing Education Student Learning Outcomes (CE-SLO)

|          |                                                                                                                                                                                                                                                                   |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| CE-SLO 1 | Demonstrate proficient written communication by articulating a clear focus, synthesizing arguments, and utilizing standard formats in order to inform and persuade others, and present information applicable to targeted use.                                    |
| CE-SLO 2 | Demonstrate comprehension of content-specific knowledge and the ability to apply it in theoretical, personal, professional, or societal contexts.                                                                                                                 |
| CE-SLO 3 | Reflect on their personal and professional growth and provide evidence of how such reflection is utilized to manage personal and professional improvement.                                                                                                        |
| CE-SLO 4 | Apply critical thinking competencies by generating probing questions, recognizing underlying assumptions, interpreting and evaluating relevant information, and applying their understandings to the professional setting.                                        |
| CE-SLO 5 | Reflect on values that inspire high standards of professional and ethical behavior as they pursue excellence in applying new learning to their chosen field.                                                                                                      |
| CE-SLO 6 | Identify information needed in order to fully understand a topic or task, organize that information, identify the best sources of information for a given enquiry, locate and critically evaluate sources, and accurately and effectively share that information. |

### Course Student Learning Outcomes (C-SLO)

| <b>Student Learning Outcomes for This Course</b><br>By the end of this course student will be able to:                                | <b>National Standards Addressed*</b>        | <b>CE-SLO Addressed**</b> |
|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|---------------------------|
| 1. Successfully complete their own series of 20 art experiences.                                                                      | National Content Standards 1, 2, 3, 4, 5, 6 |                           |
| 2. Identify potential points of difficulty that their own students might encounter after having completed the experiences themselves. | National Content Standards 1, 2, 3, 4, 5, 6 |                           |
| 3. Demonstrate confidence in their ability to present any of the art experiences to their own students.                               | National Content Standards 1, 2, 3, 4, 6    |                           |
| 4. Experience firsthand different media techniques and processes, as well as their unique responses and communicative qualities.      | National Content Standards 1, 2, 3, 4       |                           |

|                                                                                                                                                       |                                        |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|--|
| 5. Consider connections between the visual arts and other disciplines in their curriculum.                                                            | National Content Standard 6            |  |
| 6. Create and use different visual structures and functions of art to convey their own individual ideas.                                              | National Content Standards 2, 3, 4, 5  |  |
| 7. Select and use subject matter, symbols, and ideas to communicate meaning.                                                                          | National Content Standards 2, 3, 4, 5) |  |
| 8. Analyze and reflect upon the different and various purposes for creating works of art – both personally and socially.                              | National Content Standard 3, 4, 5      |  |
| 9. Engage in reflective dialogue with the instructor about their own experience with this course – and the potential for use in their own classrooms. | National Content Standards 3, 4, 5, 6  |  |

\* Please refer to the section on **National Standards Addressed in This Course**

\*\* Please refer to the section on **Continuing Education Program Student Learning Outcomes**

## Topics, Assignments, and Activities

| Module Title                                                      | Module Assignments and Activities                                                                                                                                                                                                                                                                     | Points Possible                                |
|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|
| <b>Welcome Module</b>                                             | <ul style="list-style-type: none"> <li>Welcome Video</li> <li>Course Syllabus</li> <li>Introduce Yourself Forum</li> </ul>                                                                                                                                                                            |                                                |
| <b>Module 1:</b><br>Introduction, Objectives, Format, and Grading | <ul style="list-style-type: none"> <li>Introduction to Art Education</li> <li>Course Objectives</li> <li>Art Experience Format</li> <li>Grading</li> </ul>                                                                                                                                            |                                                |
| <b>Module 2:</b><br>Art Experiences 1-5                           | <ul style="list-style-type: none"> <li>2.1 Art Experience 1: Personal Calling Card</li> <li>2.2 Art Experience 2: My Name</li> <li>2.3 Art Experience 3: My Life in an Egg</li> <li>2.4 Art Experience 4: Me Train</li> <li>2.5 Art Experience 5: A Moveable Me</li> </ul>                            | 20 pts<br>20 pts<br>20 pts<br>20 pts<br>20 pts |
| <b>Module 3:</b><br>Art Experiences 6-10                          | <ul style="list-style-type: none"> <li>3.1 Art Experience 6: Personal Flag</li> <li>3.2 Art Experience 7: Baker's Clay Me Ornament</li> <li>3.3 Art Experience 8: The Secret Me</li> <li>3.4 Art Experience 9: My Silhouette</li> <li>3.5 Art Experience 10: My Secret Pop-Up Hiding Place</li> </ul> | 20 pts<br>20 pts<br>20 pts<br>20 pts<br>20 pts |
| <b>Module 4:</b><br>Mid-course Reflection                         | <ul style="list-style-type: none"> <li>4.1 Mid-Course Reflection</li> </ul>                                                                                                                                                                                                                           | 20 pts                                         |
| <b>Module 5:</b><br>Art Experiences 11-15                         | <ul style="list-style-type: none"> <li>5.1 Art Experience 11: A Group Quilt</li> <li>5.2 Art Experience 12: Our City of the Future</li> <li>5.3 Art Experience 13: Campaign Poster - I'm #1</li> <li>5.4 Art Experience 14: A Class Bouquet</li> <li>5.5 Art Experience 15: Time Capsules</li> </ul>  | 20 pts<br>20 pts<br>20 pts<br>20 pts<br>20 pts |

|                                                      |                                                                                                                                                                                              |                   |
|------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| <b>Module 6:</b><br>Art Experiences 16-20            | • 6.1 Art Experience 16: Personal Disguise                                                                                                                                                   | 20 pts            |
|                                                      | • 6.2 Art Experience 17: Me and People in My World<br>Finger Puppets                                                                                                                         | 20 pts            |
|                                                      | • 6.3 Art Experience 18: People Towers                                                                                                                                                       | 20 pts            |
|                                                      | • 6.4 Art Experience 19: A Special Me Machine                                                                                                                                                | 20 pts            |
|                                                      | • 6.5 Art Experience 20: Desk Transformation                                                                                                                                                 | 20 pts            |
| <b>Course Wrap-up –</b><br>Grading and<br>Evaluation | <ul style="list-style-type: none"> <li>• Final Reflection Forum</li> <li>• Course Evaluation</li> <li>• Course Completion Checklist</li> <li>• Grade Request / Transcript Request</li> </ul> |                   |
|                                                      | <b>TOTAL POINTS</b>                                                                                                                                                                          | <b>400 points</b> |

## Grading Policies, Rubrics, and Requirements for Assignments

### Grading Policies

- Assignments will be graded per criteria presented in the course rubrics.
- A = 90-100% and B = 80-89%, (anything below 80% will not receive credit.)
- The discernment between an A or a B letter grade is at the discretion of the instructor based on the quality of work submitted (see course rubrics).
- Coursework falling below a B grade will be returned with further instructions.
- All assignments must be completed to receive a grade and are expected to reflect the quality that teacher-training institutions require of professional educators. If completed assignments do not meet this standard, students will be notified with further instructions from the instructor.

### Grading Rubrics

| Grade | Percent   | Description  | Rubric                                                                                                                                                                                 |
|-------|-----------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A     | 90-100%   | Excellent    | Meets all course / assignment requirements with significant evidence of subject mastery and demonstration of excellent graduate level professional development scholarship.            |
| B     | 80-89%    | Very Good    | Adequately meets criteria for all course/assignment requirements - demonstrates subject competency with very good graduate level professional development scholarship.                 |
| NC    | Below 80% | Unacceptable | Does not meet the minimum criteria for all course/assignment requirements and demonstrated little, if any, evidence of acceptable graduate level professional development scholarship. |

### Writing Requirements

- **Superior:** Writing is clear, succinct, and reflects graduate level expectations. Clearly addresses all parts of the writing task. Maintains a consistent point of view and organizational structure. Includes relevant facts, details, and explanations.
- **Standard:** Writing is acceptable with very few mistakes in grammar and spelling. Addresses most parts of the writing task. Maintains a mostly consistent point of view and organizational structure. Includes mostly relevant facts, details, and explanations.

- **Sub-standard:** Writing contains noticeable mistakes in grammar and spelling. Does not address all parts of the writing task. Lacks a consistent point of view and organizational structure. May include marginally relevant facts, details, and explanations.

### Lesson Plan Requirements

- **Superior:** Instructional goals and objectives clearly stated. Instructional strategies appropriate for learning outcome(s). Method for assessing student learning and evaluating instruction is clearly delineated and authentic. All materials necessary for student and teacher to complete lesson clearly listed.
- **Standard:** Instructional goals and objectives are stated but are not easy to understand. Some instructional strategies are appropriate for learning outcome(s). Method for assessing student learning and evaluating instruction is present. Most materials necessary for student and teacher to complete lesson are listed.
- **Sub-standard:** Instructional goals and objectives are not stated. Learners cannot tell what is expected of them. Instructional strategies are missing or strategies used are inappropriate. Method for assessing student learning and evaluating instruction is missing. Materials necessary for student and teacher to complete lesson are missing.

### Instructor/Student Contact Information

Throughout the course participants will be communicating with the instructor and their classmates on a regular basis using asynchronous discussion forums. Students are provided with instructor contact information in the event they want to make email or phone contact. In addition, students are encouraged to email or phone the instructor at any time. Students will also receive feedback on the required assignments as they are submitted.

### Forums

Participation is an important expectation of this course and all online courses. Online discussions promote reflection and analysis while allowing students to appreciate and evaluate positions that others express. While students may not be engaging with the same students throughout this course, they will be expected to offer comments, questions, and replies to the discussion question whenever possible. The faculty role in the discussion forum is that of an observer and facilitator.

### Coursework Hours

Based on the Carnegie Unit standard, a unit of graduate credit measures academic credit based on the number of hours the student is engaged in learning. This includes all time spent on the course: reading the textbook, watching videos, listening to audio lessons, researching topics, writing papers, creating projects, developing lesson plans, posting to discussion boards, etc. Coursework offered for FPU Continuing Education graduate credit adheres to 45 hours per semester unit for the 900-level courses. Therefore, a student will spend approximately 135 hours on a typical 3-unit course.

### Services for Students with Disabilities

Students with disabilities are eligible for reasonable accommodations in their academic work in all classes. In order to receive assistance, the student with a disability must provide the Academic Support Center with documentation, which describes the specific disability. The documentation must be from a qualified professional in the area of the disability (i.e. psychologist, physician or

educational diagnostician). Once documentation is on file, arrangements for reasonable accommodations can be made. For more information and for downloadable forms, please go to <https://www.fresno.edu/departments/disability-access-education>.

## Plagiarism and Academic Honesty

All people participating in the educational process at Fresno Pacific University are expected to pursue honesty and integrity in all aspects of their academic work. Academic dishonesty, including plagiarism, will be handled per the procedures set forth in the Fresno Pacific University Catalogue and Handbook - <https://handbook.fresno.edu/graduate/academic-policies>

## Technology Requirements

To successfully complete the course requirements, course participants will need Internet access, can send and receive email, know how to manage simple files in a word processing program, and have a basic understanding of the Internet. Please remember that the instructor is not able to offer technical support. If you need technical support, please contact your Internet Service Provider.

**Getting Help with Canvas:** If you need help with Canvas, please contact the FPU Help Desk by phone: (559) 453-3410 or email: [helpdesk@fresno.edu](mailto:helpdesk@fresno.edu). Help is available Mon-Fri 8:00 am to 7:00 pm.

## Final Course Grade and Transcripts

When all work for the course has been completed, students will need to request their final grade by accessing the form at [ce.fresno.edu/grade-request](https://ce.fresno.edu/grade-request). Once the instructor receives the request and posts their final grade, students will receive an email communication from the University. Please allow at least two weeks for the final grade to be posted before you order your transcripts online.

## University Policies and Procedures

Students are responsible for becoming familiar with the information presented in the Academic Catalog and for knowing and observing all policies and procedures related to their participation in the university community. A summary of university policies may be found on the university website at <https://www.fresno.edu/departments/registrars-office/academic-catalogs>.

## Fresno Pacific University Student Learning Outcomes (FPU-SLO)

|           |                                                                                                                                                                                                                                                           |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FPU-SLO 1 | <b>Oral Communication:</b> Students will <i>exhibit</i> clear, engaging, and confident oral communication – in both individual and group settings – and will critically <i>evaluate</i> content and delivery components.                                  |
| FPU-SLO 2 | <b>Written Communication:</b> Students will <i>demonstrate</i> proficient written communication by <i>articulating</i> a clear focus, <i>synthesizing</i> arguments, and utilizing standard formats in order to <i>inform</i> and <i>persuade</i> others. |
| FPU-SLO 3 | <b>Content Knowledge:</b> Students will <i>demonstrate</i> comprehension of content-specific knowledge and the ability to apply it in theoretical, personal, professional, or societal contexts.                                                          |

|            |                                                                                                                                                                                                                                                                                                                                                                        |
|------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| FPU-SLO 4  | <b>Reflection:</b> Students will <i>reflect</i> on their personal and professional growth and <i>provide evidence</i> of how such reflection is utilized to manage personal and vocational improvement.                                                                                                                                                                |
| FPU-SLO 5  | <b>Critical Thinking:</b> Students will <i>apply</i> critical thinking competencies by <i>generating</i> probing questions, <i>recognizing</i> underlying assumptions, <i>interpreting</i> and <i>evaluating</i> relevant information, and <i>applying</i> their understandings to new situations.                                                                     |
| FPU-SLO 6  | <b>Moral Reasoning:</b> Students will <i>identify</i> and <i>apply</i> moral reasoning and ethical decision-making skills, and <i>articulate</i> the norms and principles underlying a Christian worldview.                                                                                                                                                            |
| FPU-SLO 7  | <b>Service:</b> Students will <i>demonstrate</i> service and reconciliation as a way of leadership.                                                                                                                                                                                                                                                                    |
| FPU-SLO 8  | <b>Cultural and Global Perspective:</b> Students will <i>identify</i> personal, cultural, and global perspectives and will employ these perspectives to <i>evaluate</i> complex systems.                                                                                                                                                                               |
| FPU-SLO 9  | <b>Quantitative Reasoning:</b> Students will accurately <i>compute</i> calculations and symbolic operations and <i>explain</i> their use in a field of study.                                                                                                                                                                                                          |
| FPU-SLO 10 | <b>Information Literacy:</b> Students will <i>identify</i> information needed in order to fully understand a topic or task, <i>explain</i> how that information is organized, <i>identify</i> the best sources of information for a given enquiry, <i>locate</i> and critically <i>evaluate</i> sources, and accurately and effectively <i>share</i> that information. |